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THIRD WAVE

Fentanyl washed into
Humboldt County in 2019
with deadly consequences

BY THADEUS GREENSON

- 11** Disappointing
the buddy bros
- 17** Let them eat
(chocolate) cake

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A public nuisance. Read more on page 10.
City of Fortuna staff report

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Photo by Jonathan Webster/Shutterstock

NCJ

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— Kirk Gothier

Responding to the Climate Crisis

Editor:

Thanks for reporting on local governments' climate action planning ("County Climate Action Plan Plods Forward," Jan. 30). The graph of our county's emission sources also gives a sense of what we individual citizens can do.

With transportation impacts so great, we already know we can carpool, drive 55, ride a bus or bike. We can also push local governments for wise land use decisions, in McKinleyville for example, or make bus passes free.

We can eat lower on the food chain and support local schools in creating gardens to help kids eat healthy lunches while learning a lower-carbon food habit.

We can invest in heat pump water heaters connected to RCEA's low-carbon electricity, as we also support local governments in reducing "stationary emissions," the graph's term for the 12 percent of emissions mostly coming from gas appliances.

And we can support Arcata City Council members who intend to enlist their city in an expanding group of California cities and counties that have banned natural gas in new buildings. Those cities have recognized that new gas lines increase Greenhouse emissions while also boosting the cost of a new house by \$5,000 to \$6,000. With California requiring solar electricity be available for new housing, this enables electric heat pumps to operate at lower cost and with no emissions.

We face an emergency and these steps are among the very least we can do.

Patrick Carr, Arcata

Editor:

The workshop at the Wharfinger Building on reduction of Humboldt's greenhouse gas emissions was depressing and boring. The organizers should have asked people to sit down in groups and discuss different aspects of the problem, and then

present to the body. We have to find out what we all think about issues such as:

- 1) lowering the speed limit, which would reduce our emissions appreciably
- 2) divestment from fossil fuels, as individuals or as a city (Charlotte, Virginia, did this)
- 3) what a low-carbon life-style might look like
- 4) biomass, or burning our forests for energy
- 5) carbon sequestration provided by our forests (Norway doesn't cut its trees anymore)
- 6) cows and their methane belches
- 7) walking the talk

Instead, there was a vapid Power Point, which offered drearily expensive expedients and the expectation that building all of it would just barely meet the renewable energy portfolio for 2025. Then we were all asked to run around putting little red dots on a limited number of preferred alternatives (personal consumption was not on the table), many of which could not be distinguished from one another.

Even though it was at the end of a working day and a big storm was roaring around outside, the audience could have been brought back to vitality if it were given the chance to address this looming catastrophe. Good cookies (they were) is not enough.

Ellen Taylor, Petrolia

Vote!

Editor:

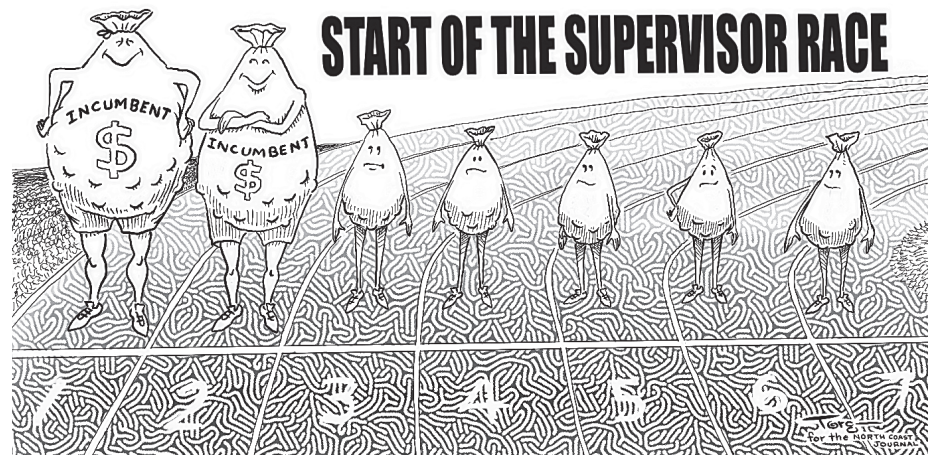
I am more concerned than ever that people realize they can change the electoral system nationally. There is a strategic approach for Electoral College opponents. It is to support the National Popular Vote Interstate Compact. In essence, it asks states to bind their electors to the winner of the national popular vote, not to their own results.

Fifteen states and Washington, D.C., with combined 196 electoral votes, have adopted the compact. This can actually take power when states with a combined total of 270 electoral votes sign on.

Two-hundred-and-seventy electoral votes is the minimum needed to secure presidency.

The League of Women Voters, NAACP, Common Cause and other National Advocacy groups back this. Perhaps it is time to have this conversation?

Ginni Hassrick, Bayside



Terry Torgerson

Editor:

Since the Terra-Gen fiasco, is there really any doubt in anyone's mind?

At a time when we urgently need great decision-making, here we are stuck with an incumbent in District One who is obviously not on the same page as the people in Humboldt County and is going about wheeling and dealing on his own. This whole episode has made me question whether the incumbent was working for Humboldt County — or for himself.

I believe we should get rid of the incumbent and elect Cliff Berkowitz for District One supervisor. Cliff is well-known for his service to Humboldt County. Additionally, he understands the many issues that we face here, and has solid answers. Cliff Berkowitz won't let us down the way the incumbent has.

Rick Pelren, Fortuna

Editor:

We have a huge opportunity in March to change the direction of our county government for the better with Cliff Berkowitz running for First District supervisor. I've known Cliff a long time; he is community-minded, willing to work for real change and is thinking about the whole community, not just a few special interests. He has always worked hard for the good of all in Humboldt.

This is a real sea change opportunity for Humboldt County. The supervisors work for all of us countywide, not just their districts. If you're not in his district, there are many options for support: contribute money, post a campaign sign, spread the word to friends and family or go door-to-door in his district. If you live in his district, by all means, vote for him! This could be a close race, and Cliff needs our help. Start here to support Cliff for Supervisor: www.cliff4supervisor.com.

Mark Cortright, McKinleyville

Editor:

Cliff Berkowitz has proven in multiple ways that he has the ability, desire and leadership skills to be the next District One Supervisor.

Cliff's leadership and efficacy are evidenced by the national Stop the Violence Campaign and the Start the Healing breakfasts, which he started. His community support ranges from Food for People and North Coast Stand Down to the Discovery Museum and Kinetic Grand Championship. His environmental ethos shows in his years of advocacy for Humboldt County trails. During our recent PSPS outages, Cliff was clear and calm while providing much needed information. He is a communication educator and a consensus builder, and an entrepreneur with years of managerial experience.

Cliff represents a clear, positive direction for Humboldt County. Please visit www.Cliff4Supervisor.com and join me in voting for Cliff Berkowitz for First District supervisor on March 3.

Kemset Kuntzman Moore, Eureka

Write an Election Letter!

The *Journal* will be accepting election-related letters to the editor, giving readers a chance to publicly endorse candidates and measures, until Feb. 17. Please make your election letter no more than 150 words and include your full name, city/town of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com. The deadline to have a letter considered for the upcoming edition is 10 a.m. Monday. We will of course be accepting regular letters responding to *Journal* coverage, as well, and they can be up to 300 words long.



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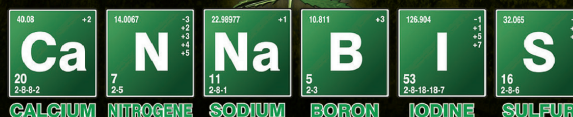
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Firefighters at the scene of a fatal apartment fire in the 100 block of Samoa Boulevard on Feb. 2.
Photo courtesy of the Arcata Fire Department

Fatal Apartment Fire in Arcata

By Kym Kemp
newsroom@northcoastjournal.com

One person was found dead after in an apartment fire that broke out in Arcata before dawn on Feb. 2, according to Police Chief Brian Ahearn.

"Arcata Fire located one body inside of a ground floor unit," Ahearn said. "The person was deceased."

The cause of the fire, which broke out just before 5:30 a.m. in a large complex of apartments in the 100 block of Samoa Boulevard near Crescent Way, remains under investigation. The fire began in one of the green and white complex's rear units, which faced away from Samoa Boulevard, abutting a small creek and a children's play structure.

According to the incident commander speaking over the scanner about just after 6 a.m., two apartment units were badly damaged and there was slight damage to a third.

"Be advised we have had one person jump from the second floor," the dispatch-

er relayed to firefighters about 5:30 a.m. "Heavy fire showing through the roof," a firefighter said over the scanner a minute later.

Erick and Amanda Cordova, who live in an adjacent unit, said they were awakened at about 5:20 a.m. by their hound dog's howling. They got up to let the dog out but soon heard an explosion.

"My husband ran outside," Amanda Cordova said. "He saw flames and he came back in and told me to call 911 and take my 5-year-old daughter and get out. ... Then he knocked on doors in his underwear telling people to get out."

An apartment adjacent to the one in which the fire started had two young children sleeping inside, she said, adding that when the people living there answered the door to her knocking husband, smoke was already coming through the vents from the neighboring unit.

Arcata Fire Department Battalion Chief Curt Watkins said the apartment where

the fire broke out had smoke alarms, though the department was unable to determine if they were working. Smoke alarms in the neighboring unit were functional, he said.

Watkins said AFD inspected the property in June, looking for operable smoke alarms and fire extinguishers, as well as overall building conditions, and it passed.

Amanda Cordova said by the time she came out of her apartment, the fire had fully engulfed her neighbor's unit. A car parked nearby was also in flames.

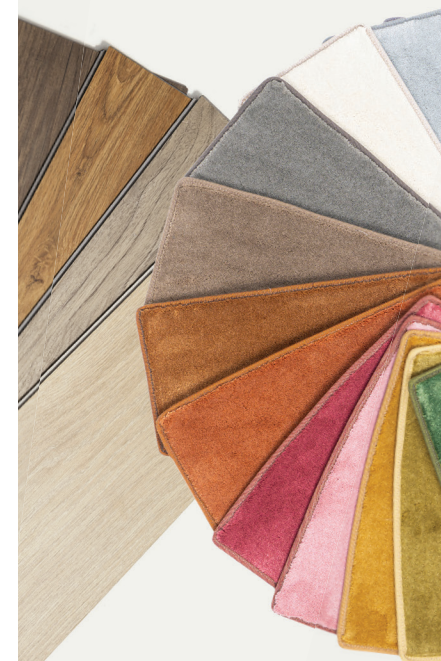
"The windows busted out," she said. "The car made a really loud boom first. When I went outside, the car and apartment were up in flames. ... There were like four explosions."

The fire appeared to have completely destroyed a ground level unit and another above it. It spread so quickly, Amanda Cordova said, that an older man living in the upstairs unit had to jump to safety.

Continued on page 9 »

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The burnt out remains of two apartments that suffered the brunt of a fatal fire that broke out before dawn Feb. 2 in a complex off Samoa Boulevard.
Photo by Thadeus Greenson

“The flames were coming out of his window,” she said, adding that he broke his back making the jump and suffered a burn to his arm and respiratory damage from the smoke and heat.

“My husband picked him up and carried him away from the burning building,” she said. “Then a police officer and another woman carried him even farther.”

According to an Arcata Fire press release, APD officers administered first aid until paramedics arrived to take him to the hospital.

Humboldt Bay Fire, Fieldbrook Fire, Blue Lake Fire and Samoa Fire departments arrived on scene to assist and firefighters were able to get the fire under control, after which they discovered the remains in the downstairs unit.

Humboldt County Sheriff’s Lt. Sam Williams, who oversees the coroner’s division, said Feb. 4 that his office had not yet confirmed the identity of the person killed in the fire and “it could take a little time.”

Watkins said investigators have “isolated an area of interest as to the cause of the fire” but were waiting to disclose it until hearing the findings of a parallel insurance investigation.

AFD estimated the fire caused about \$400,000 in damage to four apartments. It noted that the American Red Cross was on hand to help displaced residents. Amanda Cordova offered her “kudos” to the Red Cross, saying they were “right there to help.”

Strombeck Properties owns and man-

ages the property, which includes dozens of one to four-bedroom units spread across five street addresses known collectively as Meadowbrook Apartments. According to Strombeck Properties’ website, the complex includes low-income and traditional units, with the low-income units starting at \$804 a month and traditional units at \$875 a month for a one bedroom. Four-bedroom units rent for as much as \$1,595 a month, according to the site.

AFD said the company’s employees were on scene after the fire to assist residents.

Aamanda Cordova said she’s grateful the fire didn’t spread farther but she’s sad for her two senior neighbors, one of whom was killed while the other remains hospitalized.

“They are best friends,” she said. “They are always outside talking.”

In its press release, AFD took the chance to remind residents to check to make sure they have working smoke detectors and to plan two ways out of any room in the event of a fire. Because someone died in the fire, APD is conducting a criminal investigation parallel to the fire investigation out of an abundance of caution. ●

This story first appeared in two parts at www.kymkemp.com and is reprinted here with permission. Journal staffers Iridian Casarez and Thadeus Greenson also contributed to this report.

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Fortuna Declares Hoarders Property a Public Nuisance

The Fortuna City Council voted unanimously at a Feb. 3 special meeting to deny Floyd Hoisington's appeal of the city's decision to declare his property in the 1300 block of Rohnerville Road a public nuisance and to order it abated at Hoisington's expense.

But the council also granted Hoisington a bit of a reprieve, giving him until March 3 to dispose of hazardous materials on the property, establish residential water, sewer and electric service, and bring electrical wiring up to code. If he can meet that March 3 deadline, the council directed staff to work with him on a timeline for completing other work, which includes mold and mildew remediation, clearing of accumulated trash and debris and structural repairs. But if Hoisington fails to complete the work required by March 3, the council's action would allow the city to step in and clean up the place while billing Hoisington for the expense.

The hearing came nine years after the property and Hoisington were featured on an episode of the television show *Hoarders* and almost a year after the city began abatement efforts there. Specifically, City Manager Merrit Perry upheld findings that the property contains unsafe wiring, an "illegal gravity-fed water system that discharges" wastewater into the city's sewer system without an account or permission, dilapidated structures, evidence of an illegal water diversion and hazardous materials stored in dilapidated vehicles. Additionally, inspectors reported finding "extensive trash, debris and dilapidated vehicles ... throughout the site."

The city ordered Hoisington to clean up the property in November but a January inspection found the conditions persisting and Perry declared the property a nuisance and ordered it abated at Hoisington's expense.

In a hand-written seven-page letter to the city informing it of his appeal, Hoisington states that in addition to being

his longtime residence, it is also the Tree House Christian Private School and a church, "commonly known as The Church of the Children, The Church of the Soldier and The Church of the Lost Word of Jesus Christ," of which he is the reverend. Referring to himself in the third person, Hoisington notes the "reverend is known for being a kind man who will go out of his way to help someone and is a good and loving father and, if you need something, he can probably find it for you. And liked by his neighbors."

"He is also a very well-known and powerful voice on social media as a conservative Republican and advocate of the United States Constitution and all of the rights and protections it affords the people of this country," he wrote. "And is dedicated about educating people about the true agenda and the evils of socialism and exposing the dangers of socialism and the lies they spread."

Hoisington alleges the city has violated his due process rights and falsified reports in a "malicious" and "fraudulent action." In a previous letter to the city in November, requesting additional time to clean the property and address the violations, Hoisington writes that he is disabled and on a fixed income of \$948 a month, and also that both he and his son were recovering from recent surgeries.

"This abatement case is proof of fraud and widespread government corruption and conspiracy in an attempt to steal a much needed piece of land for a future development project," Hoisington writes in the most recent letter.

Staff is recommending that the council reject Hoisington's appeal, uphold the declaration of the property as a public nuisance and order that it be abated at Hoisington's expense.

This isn't the first time the condition of Hoisington's property has thrust it into public view. He and his residence were featured in an episode in the third season of the popular television show *Hoarders* that



Alleging a host of pervasive code violations, from accumulated trash and debris to faulty electrical wiring and unsafe structures, the Fortuna City Council declared this property in the 1300 block of Rohnerville Road a public nuisance. *City of Fortuna staff report*

aired Aug. 3, 2011. In that show — which saw Child Protective Services remove a child from the Hoisington's residence due to the condition of the property — Hoisington conceded the situation had been in decline for a decade.

Dubbing himself a collector, he said the problems began when he purchased five storage units full of stuff at auction for only \$20. Touring the show's producers through the property, he pointed out "valuables" and oddities, from rock collections to a taxidermy sea turtle. He also shows off a sizable gun collection, saying, "I try to have a gun for every occasion."

"I've got a bunch of other stuff here that I know somebody will someday come by and say, 'Hey, I need that,' and whip out a big wad of cash." That's what we're hoping for," he said.

The show brought in a licensed psychologist, Rebecca Beaton, to speak with Hoisington.

"The smell in his house is unbelievable," she said after finding rampant mold and rotting food in the double-wide trailer. "I've been in many hoarding homes and the stench in this one is the worst I have encountered."

The show then followed Hoisington's progress as he, an organizational specialist and a work crew cleaned the property over the course of about four weeks, during which he says they remove four Dumpsters of trash and debris. The show concludes when Hoisington's child is returned to his custody and the place looks markedly better.

Photos included in the staff report for the Feb. 3 meeting show the property once again cluttered with debris, dilapidated vehicles and trash.

— Thadeus Greenson

POSTED 02:04:20 READ THE FULL STORY ONLINE.

Bern One Down

By Thadeus Greenson

thad@northcoastjournal.com

Just days before the Iowa caucus, Sen. Bernie Sanders doubled down on his promise to legalize cannabis if elected president.

“On my first day in office, through executive order, we will legalize marijuana in every state in this country,” he told a packed rally of supporters. The cannabis world promptly lost its mind and many media outlets followed suit with headlines like, “Bernie Sanders Pledges Legal Marijuana in All 50 States on Day One” (*Forbes*).

That’s all well and good, but before cannabis enthusiasts jump on the Bernie train to start planning the national Bern Out on Jan. 20, 2021, let’s all take a deep breath. Even if Sanders is sworn into office that day and follows through with the executive order, it would not immediately free the weed and allow everyone to buy, sell and smoke with abandon.

As the Brookings Institute’s John Hudak and Grace Wallack wrote in a detailed analysis posted to the nonprofit’s website explaining “how a drug becomes a legally-defined less dangerous drug,” there are two paths to changing cannabis’ Schedule 1 status: a vote by Congress or through administrative action. As it turns out, the executive order path is actually the more complicated one, though it would sidestep the human pile of obstruction in the Senate commonly known as Majority Leader Mitch McConnell (“New Laws and Greening the Senate,” Jan. 2).

Essentially, as the Brookings folks explain it, an executive order to reschedule or de-schedule cannabis would direct the U.S. attorney general to forward a request to the Health and Human Services secretary asking for a scientific and medical evaluation and recommendation from the Food and Drug Administration, which would have to do an assessment. That recommendation would then go through the Drug Enforcement Administration, which would “conduct its own concurrent and independent review of the evidence” before weighing in with its own recommendation to the attorney general. If convinced cannabis’ status should be changed, the attorney general would then “initiate the first stages of a standard rulemaking process, consistent the Administrative Procedures Act ...”

Still awake? Good.

From there, the Office of Management and Budget’s Office of Information and Regulatory Affairs would conduct a regulatory review of the proposed rule before it can go into effect.

So, yeah, even if you’re feeling the Bern, you might not want to plan on holding while crossing state lines until at least late 2021, at the earliest. So in reality, Sanders’ stance on the issue isn’t much different than his fellow Democratic candidates, all of whom have pledged to take steps to legalize or decriminalize weed federally. But saying, “On day one, I promise to start a months-long bureaucratic process” isn’t going to grab you many headlines heading into the first contest of the 2020 primary season, so here we are.

Some big news dropped in the local cannabis industry this week with the announcement that Driven Deliveries, the nation’s first publicly traded cannabis delivery service, intends to purchase Humboldt Heritage Inc., its subsidiary (Humboldt Sun Growers Guild) and its brand (True Humboldt).

The deal gives Driven and its “Ganjarunner” delivery service exclusive access to a host of local brands, including Lost Creek, Rambling Rose, Humboldt Edge Farms, Sunrise Mountain Farms and Juniper. In a press release, the company projects the acquisition will bring an additional \$20 million into its 2020 revenue forecast.

“Humboldt County arguably produces some of the best cannabis in the world and Driven is honored and humbled that the Humboldt Sun Growers Guild chose to partner with our company,” said Driven President Brian Hayek in a press release. “We intend to uphold its time-honored legacy to do right by all of our family farmers, as we welcome them to the extended family of Driven and Ganjarunner.”

Thadeus Greenson is the Journal’s news editor and prefers he/him pronouns. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.

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THIRD WAVE

Fentanyl washed into
Humboldt County in 2019
with deadly consequences

By Thadeus Greenson
thad@northcoastjournal.com



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In 2013, what's become known as the third wave of the national opioid epidemic began to wash over the United States. But fueled by the opioid fentanyl, for years it didn't hit Humboldt County, leaving residents and officials to read about its devastating impacts elsewhere as it came to dominate national overdose rates. Then in 2019, it hit Humboldt County like a sneaker wave, entering the drug stream hidden in various forms, from pills to powders and seemingly everything in between.

Fentanyl — a synthetic opioid that's as much as 100 times stronger than heroin — was virtually unheard of in Humboldt County just a handful of years ago. In 2015, none of the county's 43 overdose deaths tested positive for even a trace of the stuff, according to Humboldt County Sheriff's Office Lt. Sam Williams, who heads the coroner's division. The county found it in the toxicology results of one overdose victim each in 2016, 2017 and 2018. Then, last year, seven of the county's 46 overdose victims had ingested fentanyl in some form.

"Something changed," Williams said. "It's a marked difference."

The victims of the seven fatal fentanyl overdoses in Humboldt County — five

men and two women — ranged in age from 25 to 44. In a couple cases, fentanyl was the only drug found in their systems. In others, it was mixed with morphine, alcohol, methamphetamine or alprazolam, a generic form of the benzodiazepine Xanax. But it was the last case of the year that thrust the issue into public view, with a 39-year-old man overdosing on a mix of fentanyl and cocaine at an Arcata house party on New Year's Eve.

Arcata Police Lt. Todd Dockweiler said the death came in conjunction with another near fatal overdose in which paramedics were able to revive the victim using the opioid overdose reversal drug Naloxone. In both cases, APD learned the users were unaware they were ingesting fentanyl.

"They thought they had just purchased cocaine and really were unaware that it contained fentanyl as well," Dockweiler said. "Folks using cocaine who are not opioid users, it hits them hard. It's a tolerance issue."

That tolerance issue is particularly acute with fentanyl due to its incredible strength, the great variance in dosing and the way it's cut into other substances, from cocaine and heroin to counterfeits of prescription pills like Xanax and

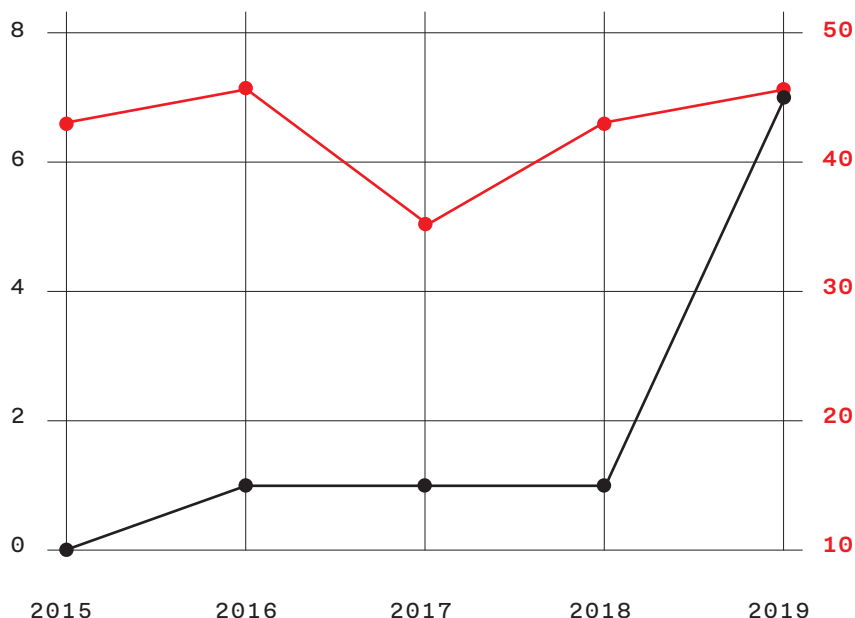
OxyContin. But it's the drug's strength that makes it so dangerous. Consider this: while medical doses of narcotic medications like morphine and hydrocodone are given in milligrams, medicinal doses of fentanyl are generally doled out in micrograms. According to the U.S. Drug Enforcement Agency, a lethal dose of heroin is generally considered to be roughly 30 milligrams, while a 3-milligram dose of fentanyl — which looks like a few grains of salt — is enough to kill an average adult male.

"A very, very small amount can be lethal," said Williams. "When you're dealing with micrograms, it's not something your average person knows how to measure safely or accurately."

Humboldt County Drug Task Force Supervisor Sgt. Jesse Taylor agreed, saying that using fentanyl to stretch or cut black tar heroin — which originates in Mexico and is the most common variety in Humboldt County — is especially dangerous. Because the drug is so potent, he said it needs to be blended throughout evenly, as any fentanyl pockets could deliver a lethal dose.

"If you hit a spot that's concentrated fentanyl, that's when people overdose oftentimes," he said, later adding that

DRUG OVERDOSE DEATHS RELATED TO FENTANYL & OVERALL OVERDOSE DEATHS IN HUMBOLDT COUNTY



SOURCE: CORONER'S OFFICE
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by the time heroin arrives in Humboldt County, it's been "stepped on and cut" so many times, it's hard to tell where in the supply chain fentanyl is introduced.

Fentanyl's potency coupled with its synthetic nature means it can be produced incredibly cheaply. As Taylor said, while heroin is derived from "a long, expensive process to extract opium from poppies," fentanyl can be made anywhere from a variety of precursor chemicals.

In his 2019 book *Fentanyl, Inc.: How Rogue Chemists Are Creating the Deadliest Wave of the Opioid Epidemic*, Ben Westhoff chronicles fentanyl's global supply chain. The vast majority of the precursor chemicals needed to make it originate in China. In some cases, laboratories there actually make fentanyl that's re-routed through other countries and shipped into the

United States in the mail. But in most cases, those chemicals are shipped to Mexican drug cartels, which manufacture fentanyl in large quantities and either smuggle it over the southern boarder,

or sell it on the dark web and ship it to clandestine laboratories in the United States.

Because fentanyl is so cheap to produce and potent, and there are no quality controls in illicit markets, dealers have begun repackaging it as a variety of substances.

"Raids across the United States have turned up operations in houses and apartments that turn fentanyl powder

into tablets using specialized presses," Westhoff writes. "Both the drugs and the machines are bought from China. These operations can make thousands of

"A very, very small amount can be lethal. ... When you're dealing with micrograms, it's not something your average person knows how to measure safely or accurately."

Continued on next page »



I assisted Eagle Scout Colton Johnston with his project to create the new entry sign and landscaping for the Cutten area, showcasing pride in our community—one of many Scout projects I have supported.

Quality of Life

As lead supervisor I worked with the Trust for Public Lands to acquire the McKay Community Forest as a community resource for hiking, biking, and equestrian use while still maintaining a productive, working forest.



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My concern for public safety is shown with the installation of the stop light at the Fern and Walnut intersection in Cutten and I'm proud to have answered this public need.

I also helped solve a dangerous situation at Arbutus and Walnut; with my aid, red curbs were extended to allow unobstructed entry onto the busy street.



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NCJ ON THE COVER

Continued from previous page

pills per hour. They stamp pills with the OxyContin or Percocet logo, and they're indistinguishable. ... The dosages of these fake pills vary greatly. One might have 10 times as much fentanyl as the next. Investigators believe such counterfeit pills were responsible for the death of music star Prince; about 100 white pills found on his property looked exactly like Vicodin but actually contained fentanyl."

Candy Stockton, the chief medical officer at the Humboldt Independent Practice Association and co-chair of Rx Safe Humboldt, said fentanyl's presence in the counterfeit pill market is incredibly scary. First off, fentanyl's incredible potency can easily lead to overdoses when the user is intending to take an opioid and has built up a tolerance. But even more dangerous is when a user is intending to take something else — anything from Adderall to Xanax to Ativan — when they don't have a history of taking opioids or a built up tolerance.

"If you're buying prescription pills (illicitly), more often than not they're counterfeit," Stockton said. "And more often than not, the prescription pills people think they're buying have fentanyl in them."

Williams said that he didn't have enough information about Humboldt County's fatal overdoses in 2019 to say how many may have been the result of counterfeit prescription pills, but toxicology results for four came back negative for any street drugs.

National data and anecdotal evidence also suggest that heroin is increasingly coming laced with fentanyl, as well. Because fentanyl is so much cheaper to produce, cartels are also increasingly mixing it with heroin to stretch the drug further. Taylor said that task force sources say that most of the heroin bought and sold in Humboldt County does have fentanyl in it.

Interestingly, though, none of Humboldt County's 2019 overdoses came back positive for heroin. It's unclear whether that's simply an anomaly or because regular heroin users have higher tolerances and have also habituated themselves to carry the opioid overdose reversal drug Naloxone.

Stockton and Dockweiler both stressed that there's no harm in administering Naloxone, even if the person overdosing turns out not to have ingested an opioid.

"Even if they've actually overdosed on Xanax, it will not hurt them," Stockton said.

Dockweiler also stressed that people should not delay in calling for medical aid in situations where someone around them might be overdosing.

"Minutes really make a difference," he said, adding that even if people are doing illegal drugs, they shouldn't fear calling police when someone's life is potentially hanging in the balance. "People should have seen by now that when law enforcement responds to something like that, we're not looking to arrest anyone for

possession. Those are just medical aid calls to us."

But the biggest takeaway from the spike in fentanyl overdoses nationally and locally, experts say, is that users should recognize they never truly know what they're buying on the illicit market.

"Any drug where it's a powder or a pill, you just can't trust it," Westhoff said in an interview with DigBoston. "There can be fentanyl in anything. ... People don't even realize what they're taking — whether it's heroin, or pills, or cocaine, or whatever."

Dockweiler believes that was the case in Arcata on New Year's Eve. He believes both people who overdosed that night thought they had purchased straight cocaine, which they planned to use during a night of drinking. What they didn't realize is they'd actually purchased a kind of off-brand "speedball," a term typically used to describe a mixture of cocaine and morphine or heroin. The idea is that the cocaine gives the user a slight boost — without getting "too jittered," he says — to balance the drowsiness that follows heroin's initial euphoria.

"As long as I've been in the business, people have mixed cocaine and heroin," he said. "But cocaine is something we don't come into contact with here a ton."

Dockweiler says his guess is that the people who overdosed on New Year's Eve were not "habitual users" and prob-

"Any drug where it's a powder or a pill, you just can't trust it. ... There can be fentanyl in anything."

ably didn't have "a dealer." Instead, they probably asked around and ended up buying from an acquaintance who may not have known — or maybe just didn't disclose — that what was being sold as cocaine was actually a speedball that included fentanyl.

"They were not opioid users and not prepared for that," Dockweiler said.

The trend across the country is that when fentanyl shows up someplace, it's not a blip but the beginning of a trend. Westhoff's book highlights the case of St. Louis, Missouri, which recorded just 92 opioid overdose deaths in 2012. That number increased to 123 in 2013, when fentanyl hit the scene, before ballooning to 256 in 2017.

Nationally, there were more than 70,000 fatal drug overdoses in 2017, according to the Centers for Disease Control, including 28,000 from fentanyl and other synthetic opioids. In 2018, the number of fatal overdoses nationally fell for the first time in nearly three decades, dropping 5 percent. The number of fentanyl deaths, meanwhile, rose to 31,000.

Humboldt County has long had an opioid problem, both with heroin and prescription narcotics. There are some promising signs. While the county once had more opioid prescriptions than residents, those numbers have fallen relatively steadily since 2015 and the county now has about 763 opioid prescriptions per 1,000 residents. Nonetheless, officials fear fentanyl is here to stay.

"Just because heroin is such a hot commodity here, there's going to be a market for this," Dockweiler said. "Hopefully it just goes to people who know what they're getting and are prepared for it."

●
Thadeus Greenson is the Journal's news editor and prefers he/him pronouns. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.



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Bake a Cake Already

A pep talk for the hesitant

By Jennifer Fumiko Cahill

jennifer@northcoastjournal.com



You do not need an occasion for this cake.

Photo by Zach Lathouris

Instagram and reality TV can crush your confidence. I'm talking about your baking confidence here. While endlessly looped video of buttercream smoothing over the sides of spinning six-layer cakes can be deeply soothing, they can also skew your expectations for your own baking. The same goes for binge-watching the Great British Baking Show — possibly worse than the fondant-fests of American baking competitions because the modest enthusiasm of its contestants can make you forget how much skill and experience they have as they attempt multi-tiered masterpieces.

Previous generations of home bakers, whether state fair winners or beginners, may have struggled with perfectionism in the kitchen, too, but they did so without mentally competing with the Instagram highlights of some French pastry chef in Vegas. The baking industrial entertainment complex has brainwashed us into thinking we've got to be professionally trained or stick to the box cake aisle.

Box cakes are fine and convenient — they exist for a reason. But here's my thing: You're still measuring and mixing. You're still greasing and flouring pans. You're still washing up mixing bowls and frosting. Really, you're doing quite a bit but Betty Crocker is stealing your shine. Not cool, Betty. Truth is, you're a couple of easy scoops away from fully gloating that you have baked a cake.

You may get hooked on the focus and satisfaction of baking. I personally find it relaxing to forget the rest of the world beyond the oven window and the batter

rising in the pans inside. Does it make me a more chill or pleasant person in general? I doubt it. But it makes me a person who sometimes has cake and people will put up with a great deal when you've brought cake.

The recipe I share here is one I've modified from a cookbook I got in an office free pile. I remember it as a mostly unillustrated postwar Fanny Farmer tome but I was only interested in the cake section, and so I tore it out and discarded the rest. (Yes, rend your garments at my crime, but I was not paying to ship that crumbling monstrosity when we moved overseas.) Is this the cake that wins a reality TV show for you? It is not. It's an everyday chocolate snack cake (no occasion, no pressure) that you don't even have to crack an egg for. What they say about baking being science is true but this is easy, fun science — Styrofoam planet mobile science that you don't actually have to understand.

If you want a glaze to pour over top, you can simply stir up $\frac{3}{4}$ cup confectioners sugar with 1 tablespoon of cream and 1-2 teaspoons of vanilla extract (or Bourbon, rum or whisky, if you want a little hooch in there). It's no big deal. Bake a cake already.

Everyday Chocolate Cake

This recipe uses Bourbon or rum instead of vanilla because it's cheaper and won't make much difference here.

- 1 $\frac{2}{3}$ cup all purpose flour
- 1 cup sugar
- $\frac{1}{2}$ cup cocoa
- 1 teaspoon baking soda
- $\frac{1}{2}$ teaspoon salt
- $\frac{3}{4}$ cup sour cream
- $\frac{3}{4}$ cup milk
- $\frac{3}{4}$ cup vegetable oil
- 2 teaspoons Bourbon or rum

Heat the oven to 350 F. Grease and lightly flour a bundt pan.

With dry fingers, break up any lumps in your baking soda. In a large bowl, whisk together all dry ingredients. In a medium bowl, stir the sour cream, milk, oil and Bourbon or rum. Add the wet ingredients into the dry and beat the batter until smooth.

Pour and spread the batter in the pan evenly with a spatula. Bang the pan on the counter a couple times — not too hard — and tap the sides to get any trapped air bubbles out. Bake for 25 minutes before checking for doneness by poking it with a wooden skewer at the center to see if it comes out clean. If not, bake another few minutes before checking again.

Let the cake sit in the pan for about 10 minutes. Then flip it over and release it from the pan to cool completely on a wire rack. Once it has cooled, sprinkle it with powdered sugar and/or serve it with whipped cream or ice cream. ●

Jennifer Fumiko Cahill is the arts and features editor at the Journal and prefers she/her. Reach her at 442-1400, extension 320, or jennifer@northcoastjournal.com. Follow her on Twitter @JFumikoCahill.

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Free Will Astrology

Week of Feb. 6, 2020

By Rob Brezsny

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ARIES (March 21-April 19): You now have the power to make connections that have not previously been possible. You can tap into an enhanced capacity to forge new alliances and strengthen your support system. I urge you to be on the lookout for a dynamic group effort you could join or a higher purpose you might align yourself with. If you're sufficiently alert, you may even find an opportunity to weave your fortunes together with a dynamic group effort that's in service to a higher purpose.

TAURUS (April 20-May 20): "Victory won't come to me unless I go to it," wrote the poet Marianne Moore. In other words, you must track down each victory you're interested in. You must study its unique nature. And then you must adjust yourself to its specifications. You can't remain just the way you are, but must transform yourself so as to be in alignment with the responsibilities it demands of you. Can you pass these tests, Taurus? I believe you can. It's time to prove it.

GEMINI (May 21-June 20): While at the peak of his powers as an author, Gemini-born Nobel Prize-winner Jean Paul Sartre consumed an array of mood-shifters every day. He quaffed at least a quart of alcohol, smoked two packs of cigarettes, and drank copious amounts of coffee and tea. His intake of pills included 200 milligrams of amphetamines, 15 grams of aspirin and a handful of barbiturates. I propose that we make Sartre your anti-role model during the next four weeks, dear Gemini. According to my analysis of your astrological indicators, your ability to discover, attract, and benefit from wonders and marvels will thrive to the degree that you forswear drugs and alcohol and artificial enhancements. And I'm pleased to inform you that there could be a flood of wonders and marvels.

CANCER (June 21-July 22): I don't think I'm boring. How could I be? I have an abundant curiosity and I love to learn new things. I've worked at many different jobs, have read widely, and enjoy interacting with a broad range of humans. Yet now and then I've had temporary relationships with people who regarded me as uninteresting. They didn't see much of value in me. I tend to believe it was mostly their fault — they couldn't see me for who I really am — but it may have also been the case that I lived down to their expectations. Their inclination to see me as unimportant influenced me to be dull. I bring this up, my fellow Cancerian, because now is an excellent time to remove yourself from situations where you have trouble being and feeling your true self.

LEO (July 23-Aug. 22): Soprano Helen Traubel and tenor Lauritz Melchior performed together in many productions of Wagnerian operas, often at the Metropolitan in New York City. Friends and colleagues but not lovers, they had a playful relationship with each other. A favorite pastime was figuring out tricks they could try that would cause the other to break into inappropriate laughter while performing. According to my quirky reading of the astrological omens, Leo, the coming weeks will be a propitious time for you to engage in similar hijinx with your allies. You have a poetic license and a spiritual mandate to enjoy amusing collaborative experiments, playful intimate escapades, and adventures in buoyant togetherness.

VIRGO (Aug. 23-Sept. 22): Eighteenth-century author Samuel Johnson singlehandedly compiled the influential A Dictionary of the English Language, which remained the definitive British dictionary for 170 years. We shouldn't be surprised that it was a Virgo who accomplished such an intricate and exhaustive feat. As a high-minded Virgo, Johnson also had a talent for exposing hypocrisy. In commenting on the Americans' War of Independence against his country, he noted that some of the "loudest yelps for liberty" came from slave-owners. I propose that we make him one of your role models in 2020. May he

inspire you to produce rigorous work that's useful to many. May he also empower you to be a candid purveyor of freedom.

LIBRA (Sept. 23-Oct. 22): Is there a project or situation you'd love to create but have lacked the confidence to try? Now is a time when you can finally summon the necessary courage. Is there a long-running dilemma that has always seemed too confusing and overwhelming to even understand, let alone solve? Now is a favorable time to ask your higher self for the clear vision that will instigate an unforeseen healing. Is there a labor of love that seems to have stalled or a dream that got sidetracked? Now is a time when you could revive its luminosity and get it back in a sweet groove.

SCORPIO (Oct. 23-Nov. 21): Was there a more influential 20th-century artist than Scorpio-born Pablo Picasso? He was a revolutionary innovator who got rich from his creations. Once, while visiting a gallery showing of art made by children, he said, "When I was their age I could draw like Raphael [the great Renaissance artist]. But it took me a lifetime to learn to draw like they do." In accordance with your current astrological omens, Scorpio, I suggest you seek inspiration from Picasso's aspiration. Set an intention to develop expertise in seeing your world and your work through a child's eyes.

SAGITTARIUS (Nov. 22-Dec. 21): I know a Sagittarius man who has seen the film *Avengers: Endgame* 17 times. Another Sagittarian acquaintance estimates she has listened all the way through to Billie Eilish's album *When We All Fall Asleep, Where Do We Go?* 135 times. And then there's my scholarly Sagittarian friend who has read the ancient Greek epic poem the *Iliad* 37 times. I have no problem with this behavior. I admire your tribe's ability to keep finding new inspiration in sources you already know well. But in my astrological opinion, you shouldn't do much of this kind of thing in the coming weeks. It's high time for you to experiment with experiences you know little about. Be fresh, innocent and curious.

CAPRICORN (Dec. 22-Jan. 19): Athens was one of the great cities of the ancient world. Its vigorous art, theater, philosophy, architecture, and experiments in democracy are today regarded as foundational to Western culture. And yet at its height, Athens' population was a mere 275,000 — equal to modern Fort Wayne, Indiana, or Windsor, Ontario. How could such a relatively small source breed such intensity and potency? That's a long story. In any case, I foresee you having the potential to be like Athens yourself in the coming weeks and months, Capricorn: a highly concentrated fount of value. For best results, focus on doing what you do best.

AQUARIUS (Jan. 20-Feb. 18): According to my analysis, the year 2020 will be a time when you can have dramatic success as you re-evaluate and re-vision and revamp your understandings of your life purpose. Why were you born? What's the nature of your unique genius? What are the best gifts you have to offer the world? Of the many wonderful feats you could accomplish, which are the most important? The next few weeks will be a potent time to get this fun and energizing investigation fully underway.

PISCES (Feb. 19-March 20): Physicist Niels Bohr won a Nobel Prize for his insights about quantum mechanics. But he was humble about the complexity of the subject. "If you think you understand it, that only shows you don't know the first thing about it," he mused. I'm tempted to make a similar statement about the mysteries and riddles that are making your life so interesting. If you think you understand those mysteries and riddles, you probably don't. But if you're willing to acknowledge how perplexing they are, and you can accept the fact that your comprehension of them is partial and fuzzy, then you might enjoy a glimmer of the truth that's worth building on. ●

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ARCATA & NORTH

VENUE	THUR 2/6	FRI 2/7	SAT 2/8	SUN 2/9	M-T-W 2/10-12
ARCATA PLAYHOUSE 1251 Ninth St., Arcata 822-1575	<i>Shirley Chisholm '72: Unbought & Unbossed</i> (film) 6pm TBA		Home Cookin' Dance Party 8pm \$15, \$13 members		[W] Bigfoot Trail Film Night 6pm TBA
ARCATA THEATRE LOUNGE 1036 G St. 822-1220	Tarrus Riley, Dean Frazer and The Black Soil Band (reggae) 9:30pm \$35	<i>Amelie</i> (2001) (film) 8pm \$5	Decades Dance (DJ music) 9:30pm TBA	<i>Inside Montessori</i> (film) 2pm Free, <i>Harry Potter & the Chamber of Secrets</i> (2002) (film) 6pm \$5	[W] Ekali: A World Away Tour (EDM) 8pm \$25-\$15
THE BASEMENT 780 Seventh St., Arcata 826-2345	STET 8pm Free	Front Ear 9pm Free	Claire Bent 9pm Free		[W] Booty Shakin' Productions 8pm Free
BLONDIES FOOD AND DRINK 420 E. California Ave., Arcata 822-3453	Open Mic 7pm Free			Jazz Jam 6pm Free	[T] Moms Comedy 8pm [W] Latin Dance Night 9pm
BLUE LAKE CASINO WAVE LOUNGE 777 Casino Way, Blue Lake 668-9770	The Undercovers (covers) 9pm Free	Bleach (Nirvana tribute) 9pm Free	Safety Orange (SoCal rock) 9pm Free	Karaoke 8pm Free	
CENTRAL STATION SPORTS BAR 1631 Central Ave., McKinleyville 839-2013		Karaoke w/Rock Star 9pm Free	The Undercovers (covers) 9pm Free		[W] Karaoke w/Rockstar 9pm Free
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 27 Scenic Drive, Trinidad 677-3611		Blue Rhythm Revue (R&B, funk) 9pm Free	Uptown Kings (booty shakin' Blues) 9pm Free		[W] Karaoke w/DJ Marv 8pm Free
CLAM BEACH TAVERN 4611 Central Ave., McKinleyville 839-0545	Frank and Friends (blues, folk, ballads) 6-8pm Free	Buddy Reed and the Rip it Ups (blues) 9pm Free		Anna Hamilton (blues) 6pm Free	
FIELDBROOK MARKET 4636 Fieldbrook Road 633-6097	Karaoke Night (all ages) 5-8pm	Live Music 7:30pm Free			[T] Trivia Tuesday (all ages) 6-8pm Free [W] Cornhole tournament 6pm \$10 buy-in
THE GRIFFIN 937 10th St., Arcata 825-1755		First Fridays - Sign Of The Times w/DJ EastOne 10pm Free	Soulful Saturdays at The Griffin with DJ L Boogie 9pm Free		




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HUMBOLDT BREWS 856 10th St., Arcata 826-2739	That 1 Guy (one man band) 9:30pm \$15	Money (Pink Floyd tribute) 9:30pm \$10	Club Triangle 9pm \$10		[T] Trivia Night - Harry Potter Theme 6pm [W] Little People, Frameworks, Yppah (EDM) 9pm \$15, \$12
HUMBOLDT STATE UNIVERSITY 1 Harpst St., Arcata		HSU's Black Liberation Month Keynote Speaker: Dr. Cornel West 8pm		Dweezil Zappa (rock) 8pm \$55, \$25 HSU	
LARRUPIN CAFE 677-0230 1658 Patricks Point Dr., Trinidad		Blue Lotus Jazz 6-9pm Free		Tim Randles Jazz Piano 6-9pm Free	[W] Dogbone (jazz) 6pm Free
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake	Feliz Jueves! 7pm Free	The Stallions (Ween songs) 9pm Free	Wild Otis (rock and roll) 9pm Free	Oscar Party 5pm	[T] Old Time Music Jam 8pm Free [W] Cribbage Tournament 7pm \$5
MAD RIVER BREWING CO. 101 Taylor Way, Blue Lake 668-4151	Good Company (Celtic) 6pm Free	The Tidepool High Divers (country western) 6pm Free			[T] Buddy Reed and the Rip it Ups (blues) 6pm Free [W] Piet Dalmolen (solo guitar) 6pm Free
THE MINOR THEATRE 1013 H St., Arcata 822-3456				Red Carpet Awards Celebration 3-8pm \$25	
THE MINIPLEX 401 I St., Arcata 630-5000	Goat Karaoke 9pm Free	Live Democratic Debates 5-8pm	Big Business (members of Melvins, Karp, Murder City Devils) 9:30pm \$15	Goat Karaoke 9pm Free	[T] Sonido Panchanguero 9pm Free
NORTHTOWN COFFEE 1603 G St., Arcata 633-6187		Open Mic 6pm Free		Two Mic Sundays (comedy) 5pm Free	[T] Spoken Word Open Mic 6pm Free
OCEAN GROVE COCKTAIL LOUNGE 480 Patricks Point Dr., Trinidad 677-3543					[M] Rudelion DanceHall Monday 8pm \$5
REDWOOD CURTAIN BREWING CO. 550 South G St., Arcata 826-7224	Elwood (guitar) 8pm Free		The Spindrifters (country, bluegrass) 6pm Free		[M] Darts 7pm Free [T] Puzzled Pint 6pm
SIDELINES 732 Ninth St., Arcata 822-0919	DJ Dance Party 10pm	DJ Dance Party 10pm	Dance Party w/ DJ Pressure 10pm		
SIX RIVERS BREWERY 1300 Central Ave., McKinleyville 839-7580				Trivia Night 8pm	
TOBY AND JACKS 822-4198 764 Ninth St., Arcata	DJ Dance Party TBA	Dance Party w/DJ Masta Shredda TBA	Dance Party w/DJ Masta Shredda TBA		[W] Old-school Hip Hop w/DJ Hal TBA

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Music & More

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ARTS & DRAFTS 422 First St., Eureka 798-6329	Sip n Knit (potluck for knitters) 5:30-8:30pm	Pre-game Game Night Music TBA 5-10pm Free	Karaoke Hosted by KJ Jo 6-10pm		
BEAR RIVER CASINO RESORT 11 Bear Paws Way, Loleta 733-9644		Dr. Squid (dance hits) 9pm Free	DJ Wuale 9pm Free		
BRASS RAIL BAR & GRILL 3188 Redwood Dr., Redway 923-3188	Pool Tourney 8pm				[T] Karaoke 9pm [W] Open Mic/Jam session 7pm Free
DOUBLE D STEAK & SEAFOOD 320 Main St., Fortuna 725-3700			Anna Hamilton (blues, humor) 6-9pm Free		
EUREKA THEATER 612 F St. 442-2970				Red Carpet Gala: Oscar Viewing Party 5pm \$30, \$25 advance Open Irish/Celtic Music Session 3-6pm Free	
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Trippin the Dew (Celtic) 6pm Free				
GYPPO ALE MILL 986-7700 1661 Upper Pacific Dr., Shelter Cove		Bud Rogers (country, folk, blues) 8pm Free	Lost Coast Barks & Brews noon-4pm, Sherita Perez (singer-songwriter) 6pm Free		[M] Pints 4 Nonprofits- SoHum Little League 3-6pm
MADRONE BRICK FIRE PIZZA AND TAPHOUSE 421 Third St., Eureka 273-5129		Michael Dayvid (live music) 7-10pm Free			[W] Trivia 6pm
NORTH OF FOURTH 207 Third St., Eureka 798-6303					
THE OLD STEEPLE 246 Berding St., Ferndale 786-7030	Iris DeMent (folk, country) 7:30pm \$45		Led Kaapana (Hawaiian) 7:30pm \$25		
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600	Open Mic w/Mike 6:30pm	Friday Night Improv Show 7pm Free			[M] Improv Show 6pm Free
PALM LOUNGE - EUREKA INN. 518 Seventh St., Eureka 497-6093	Cocktail Piano 6-8pm Free The Color of Jazz 8-11pm Free	Cocktail Piano 6-8pm Free	Cocktail Piano 6-8pm Free		[W] Cocktail Piano 6-8pm Free
PEARL LOUNGE 507 Second St., Eureka 444-2017		DJ D'Vinity (hip-hop, dance remixes, trap) 10pm Free			

EUREKA & SOUTH

Arcata and North on previous page

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- 2/11 UPNORTH DEMO DAY 3-6PM
- 2/13 KIKOKO DEMO DAY 3-6PM
- 2/17 HABITS OF HEALTH WITH CHERIE 5PM
- 2/20 KISKANU DEMO DAY 3-6PM

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PHATSY KLINE'S PARLOR LOUNGE 139 Second St., Eureka 444-3344	Laidback Lounge Ft. Copperton3 8:30pm Free	Jim Lahman Band (blues, funk, rock) 7pm Free	Tequila Rockingbirds (Americana, folk, blues) 7pm	The Red Carpet Oscars After Party 8pm	[M] Trivia Night 6:30pm Free [T] The Vanishing Pints (Irish) 8pm Free [W] Paula Jones Band (blues, jazz) 7pm
SAVAGE HENRY COMEDY CLUB 415 Fifth St., Eureka 845-8864		Dem Debate Watch Party 5-8pm, Andrew Holmgren (comedy) 9pm \$10	Saul Trujillo and Friends (comedy) 9pm \$10	Two Mic Sundays 9pm Free	[M] Monday Night Pod 7-11pm Free [W] Trivia 9pm \$5
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778	The Humboldt Poetry Show 7:30pm \$5		Verbal Abuse, The Chainlinks, Locust Furnace, The Scum Lourdes (punk) 8pm \$5		
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244		Live Jazz and Blues 9pm Free	Jenni & David and the Sweet Soul Band (funk, soul and blues) 9pm Free		[T] Opera Alley Cats 7:30pm Free [W] Buddy Reed and the Rip it Ups (blues) 7:30pm Free
STONE JUNCTION BAR 923-2562 744 Redway Dr., Garberville	Upstate Thursdays 10pm		Beats and Rhymes hip-hop w/Just One and JRiggs 10pm		[M] Pool Tournament 8:30pm \$10 buy-in
VISTA DEL MAR 443-3770 91 Commercial St., Eureka					[T] Blues Tuesdays 7pm Free [W] Karaoke Nights 9pm Free

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NCJ SETLIST

Mr. Moonlight

By Collin Yeo

music@northcoastjournal.com

February is an often overlooked month, a wet and cold placeholder in the depth of the northern hemisphere's winter that isn't even considered worthy of 30 days. Throughout history various cultures have named the month after frost, river ice, firewood cutting, mud or even cabbages (cole crops were staples of the winter in most of Europe). On Sunday the moon will grant us its fullness, which in February is called the Snow Moon and has also been named after anything from bears to hunger and to sucker fish (as the Ojibwe people refer to it). However, all of this talk of cold things like frost and full moons and fish shouldn't deter you from going out. I assure you there is quite a lot of fun to be had this week for the reasonably bejacketed.

Thursday

The son of the late reggae singer Jimmy Riley, **Tarrus Riley** is a Jamaican-American singer with a decade and a half career that pays a fair amount of homage to the classic Trojan Records era of dancehall track-toasters while still cultivating a contemporary vibe. Tonight he appears at the Arcata Theatre Lounge with the Jamaican saxophonist and frequent collaborator **Dean Fraser** and his group **Black Soil Band** at 9 p.m. (\$35).

Friday

There are two excellent cover acts playing tonight, each with a fair amount of buzz and popularity among those who are fans of fans of certain bands, if that makes sense. **The Stallions** are renowned for covering all things Ween, with live sets that do a fair amount of honor to the quirky jam-adjacent alternative act's vast discography. Tonight at 9 p.m. the group will be pulling those moves over at the Logger Bar for a free show.

About half an hour later our local chapter of Pink Floyd interpreters **Money** will be playing the entire *Animals* album at Humbrews for a mere \$10. Seems like a good deal to hear what is one of my favorite albums of the 1970s.

Saturday

Big Business is a duo made up of bassist Jared Warren and drummer Coady Willis that has a big, loud and heavy sound far surpassing each guy's respective past bands, Karp and The Murder City Devils. Pummeling riffs give way to sick beats and diving wails of drone warfare. I first saw



Big Business plays the Miniplex at 9 p.m. on Saturday, Feb. 8.
Courtesy of the artists

them about 10 years ago in New Orleans when they opened for, and then played in, The Melvins on the support tour for their hard rock-styled *Nude With Boots* record. The Melvins have always been one of my favorite bands and one of three groups that I have seen in three different decades (the other two being Neurosis and Low). That night, however, the Business boys really stole the show, both as openers and auxiliary members. They'll be playing the Miniplex tonight at 9 p.m. and I can't recommend this show enough (\$15). Our local surf-metal masters **The Sturgeons** are opening, which is a mighty tough task but if anyone in the area is up to it, it is this trio hot off the release of its excellent album *Figure It Out*, which I promise to review soon (spoiler: it's really good).

Sunday

Dweezil Zappa, the eldest son of the late, great Frank, is rolling into Arcata on a tour celebrating 50 years of one of his father's greatest rock albums *Hot Rats*. The album, which came out a month and five days after Dweezil was born, is famous for its contributions by Captain Beefheart, Shuggie Otis and Jean-Luc Ponty, as well as its exuberant, almost anthemic weirdness. Tonight at the Van Duzer Theatre, Dweezil and his band will be playing *Hot Rats* and other like-minded tunes from that era of his dad's oeuvre at 8 p.m. (\$55, \$25 Humboldt State University students, \$85 VIP sound-check access tickets). The younger Zappa is an incredibly skilled guitarist and musician in his own right, and this is no pale imitation.

Monday

It's pretty quiet around these parts but I will offer you a couple of slightly esoteric options. Firstly, have you considered playing cribbage? It's the 411th birthday of the English poet and gadabout Sir John Suckling, who supposedly invented the game sometime in the early 17th century, so if you don't feel like reading his frankly not

too deep poems, perhaps this would be an appropriate way to celebrate. If not, may I suggest going to the **Reel Genius Trivia Night** at Phatsy Kline's at 6:30 p.m.? It's free, and if they ask you any questions about the creation of cribbage by the writer of "I prithee, send me back my heart," then you will be in a unique position to turn some heads with your knowledge, my dear reader.

Tuesday

Local hip hop trio **Lyricalcool**, who originally hails from South Carolina, is the featured act in a spoken word appearance at Word Humboldt's open mic tonight at Northtown Coffee at 6 p.m. I've seen 'em live with DJ Goldylocks in a performance that made me take notice some months ago, so I expect tonight's appearance to be no less enthralling. The gig is free but donations for the artists are always welcomed.

Wednesday

Vancouver, B.C., electronic musician and producer **Ekali** makes the sort of epic ephemeral music that traffics in big swells and dreamy, often female vocals with weird affected vocal tics and pronunciations. It sounds like alien mall music to me. It's big and inoffensive and ultra-cosmopolitan: this stuff could play in nearly any city in the world without seeming out of place. This evening it will be playing in the city of Arcata, specifically in the Arcata Theatre Lounge, as Ekali brings his *A World Away* tour to the stage at 9 p.m. (\$15-\$25).

Full show listings in the Journal's Music and More grid, the Calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com.

Collin Yeo prefers he/him pronouns and lives in Arcata, where he is currently nesting in a pile of jackets and living off hot tea.

Calendar

Feb. 6 – 13, 2020



Submitted

High rollers are in town for **Humboldt Marble Weekend 2020** with cool stuff happening **Friday and Saturday, Feb. 7-8** from **noon to 6 p.m.** at **Redwood Acres Fairgrounds** (free). Have a ball checking out the more than 60 glass artists showing off their skills while you mingle with other marble lovers in Franceschi Hall. For more on the event and who's hunting what where, go to www.humboldtmarbleweekend.com or Humboldt Marble Weekend's Facebook page.



Shutterstock

Warm up in myriad ways at the **Charles Washington Soul Food Dinner** on **Saturday, Feb. 8** from **4 to 7 p.m.** at the **Eureka Woman's Club** (\$20, \$10 HSU/CR students). The Eureka NAACP hosts its 50th annual celebration with all the good stuff: Collard greens, sweet potatoes, mac and cheese, coleslaw, cornbread and fried chicken, plus a side of music and community. Now that's tasty.



Photo by Mark Larson

The uber popular **Inked Hearts Tattoo Expo** is back **Thursday, Feb. 6** though **Sunday, Feb. 9** at **Blue Lake Casino** (\$10 per day). Check out the work by featured artists Liz Cook, Tye Harris and Joshua Carlton, along with more than 30 other artists. Get tattooed on site or just see what someone else has up their sleeve. Plus tattoo contests and live entertainment.

6 Thursday

ART

2020 New Year Exhibition. Noon-5 p.m. Redwood Art Association Gallery, 603 F St., Eureka. Work by RAA members judged by Tim Clewell, fine art teacher at Arcata High School. Free. info@redwoodart.us. www.redwoodart.us. 268-0755.

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

Playing into Transformation. 3-4:30 p.m. The Connection HPRC, 334 F St. (former Bank of America building), Eureka. Use the power of improv, somatic therapy, visualization and explorative games to fuel transformation. Free. damionpanther@gmail.com. 497-9039.

COMEDY

ETV. First Thursday of every month, 9-11:45 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Comedian Evan Vest scours the bottom of the internet to find the weirdest videos and a panel of comedians riff on them. Free. www.savagehenrymagazine.com/events/. 798-6333.

DANCE

Redwood Fusion Partner Dance. 7-10 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Contemporary partner dance with an improvised, lead-follow approach. A 7 p.m. lesson, 8 p.m. dancing. \$5, first time free. www.redwoodraks.com.

LECTURE

Outstanding Service Award Lecture. 5-7 p.m. Kate Buchanan Room, Humboldt State University, Arcata. Justus D. Ortega, HSU professor of kinesiology, presents his lecture *Serve Each Other, Care for Each Other, Learn from Each Other: Building healthy community through kinesiology service learning programs*. Free. tmb419@humboldt.edu. aavp.humboldt.edu/current-faculty-award-recipients.

Panel Discussion: Working in Re-entry. 5-7 p.m. Green and Gold Room, 1 Harpst St., Arcata. A panel discussion about reentry service work from formerly incarcerated individuals. Free. fisc@humboldt.edu.

MUSIC

Humboldt Folklife Society Sing-along. First Thursday of every month, 7 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Sing your favorite folk, rock and pop songs of the 1960s with Joel Sonenshein. Songbooks are provided. Free. joel@asis.com.

Iris DeMent. 7:30-10 p.m. The Old Steeple, 246 Berding St., Ferndale. The unique folk and country artist has been featured in film (*True Grit* 2010) and television (*The Leftovers*), and been nominated for a Grammy for her duets with John Prine. \$45. ferndalemusic@yahoo.com. www.ferndalemusiccompany.com/calendar/2020/2/6/iris-dement. 786-7030.

Tarrus Riley, Dean Frazer and The Black Soil Band. 9:30 p.m.-2 a.m. Arcata Theatre Lounge, 1036 G St. Celebrate Bob Marley's birthday with Tarrus Riley, Dean Frazer and The Black Soil Band. Along with a special Bob Marley Tribute set by Ishi Dube, Vidagua, Madi Simmons and Sarge OneWise. \$35, \$42. bootyshakinmusicproductions@yahoo.com. www.arcatatheatre.com. 367-5949.



File

Red Carpets, Gold Statues

Who cares if you haven't seen all the films or don't know all the stars. On Oscar night, a fantastic time is to be had wherever there's schmoozin', boozin and fancy shoes'n. Yeah, that was a stretch. Just like me getting into whatever I'm wearing this year. Oy. Strap on your heels, slip into your wingtips and celebrate the 92nd Academy Awards in style at one of a pair of red carpet events at local vintage theaters on **Sunday, Feb. 9**.

At the Humboldt-Del Norte Film Commission's seventh annual **Red Carpet Gala** at the **Eureka Theater** at **5 p.m.**, the shindig features a catered dinner and no-host bar (in line with the no-host award show?), plus delightful music by **Michael Dayvid** and the **RLA Trio** (\$30, \$25 advance, VIP \$300 for a table of six, \$350 for a table of eight). There's a best dressed contest and a red carpet photo op, so do your hair and have fun with it. During the commercial breaks, film commissioner **Cassandra Hesseltine** and KAEF's **Nazy Javid** will present the film-friendly awards. Doors (and bar) open at 4:30 p.m. — be in your seat for the live broadcast at 5 p.m.

Over in Arcata, the **Minor Theatre** is putting on its own **Red Carpet Awards Celebration** on **Feb. 9** from **3 to 8 p.m.** (\$25, \$50 VIP at box office only). This live viewing party features music by **Sansfu** (aka Absynth Trio), no-host bar and hors d'oeuvres by **Brett Schuler Fine Catering**. The awards ceremony begins at **5 p.m.** and is hosted by **William Toblerone**. Look sharp.

— Kali Cozyris



Cornell West, submitted

Black Liberation Month at HSU

Cornel West. Ilyasah Shabazz. Lawrence Ross. Humboldt State University's African American Center for Academic Excellence (AACAE) is bringing some big names to campus for **Black Liberation Month** in collaboration with multiple campus and community partners. That means a slew of events and activities centered around this year's theme: "Reclaiming Our Collective Consciousness." Events kicked off on Feb. 3, but the month of February packs in plenty of opportunities to listen, share, come together and be inspired and empowered.

This week don't miss keynote speaker **Cornel West**, professor of the Practice of Public Philosophy at Harvard University and professor emeritus at Princeton University. West will speak on topics from his book *Race Matters* on **Feb. 7** at **8 p.m.** in the **Van Duzer Theatre** (tickets to West's original address in the Kate Buchanan Room were snapped up quickly, so the event was moved to a venue with more seats available). **Jason L. Meriwether**, HSU's vice president of enrollment management, will be the moderator. Free copies of West's book will be distributed to the first 100 students. On **Feb. 12** at **6 p.m.** in HSU's **Great Hall**, featured speaker **Ilyasah Shabazz**, daughter of Malcolm X and Betty Shabazz, will be discussing her book *Growing Up X: A Memoir*.

Later in the month, author/lecturer/writer **Lawrence Ross** will be discussing his book *Blackballed: The Black and White Politics of Race on America's Campuses* in the **Kate Buchanan Room** on **Feb. 24** at **6 p.m.** and **Modi**, author of *Some Women Prefer Hell*, will be speaking in the **Van Duzer Theatre** on **Feb. 28** at **6 p.m.** Tickets to all the visiting speakers are free and available at the UC Ticket Office (826-3928). For a complete schedule of Black Liberation Month events and activities, visit www.aacae.humboldt.edu.

— Kali Cozyris

Continued on next page »



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SPOKEN WORD

The Humboldt Poetry Show. 7:30-9:30 p.m. The Siren's Song Tavern, 325 Second St., Eureka. Special double feature with local poets Anne Fricke and Greg Bee. Music by DJ Goldylocks and live art by Dre Meza. \$5. vp24@humboldt.edu. www.sirensongtavern.com. 496-9404.

THEATER

Commedia dell'Arte. 8-9 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. Lively comic form featuring bold physical play, masks, bawdy humor and virtuosic improvised performance. \$5-\$15. www.dellarte.com/shows-and-events/2018-2019-season. 668-5663.

EVENTS

Inked Hearts Tattoo Expo. 11 a.m.-10 p.m. Blue Lake Casino, 777 Casino Way. Hosted by Ted and Amy Marks of Nor Cal Tattoo. Featuring artists Liz Cook, Tye Harris and Joshua Carlton, along with more than 30 other artists present and tattooing on-site, plus contests and live entertainment. \$10. www.bluelake-casino.com. (877) 252-2946.

FOR KIDS

Trinidad Library Toddler Storytime. 10-11 a.m. Trinidad Library, 380 Janis Court. Stories with the little ones. Free. trihuml@co.humboldt.ca.us. 677-0227.

SPORTS

Mad River Steelhead Derby. Countywide, Nonprofit Nor-Cal Guides and Sportsmen's Association runs a fishing derby through Feb. 29. Hatchery fish only. Anglers can sign up online or at RMI Outdoors and Bucksport Sporting Goods in Eureka. \$30 entry fee for NCGASA non-associate members, \$10 members. www.ncgasa.org.

ETC

Katie's Krafters. 9:30-11:30 a.m. Arcata Senior Dining Center, 321 Dr. Martin Luther King Jr. Parkway. New members welcome. Anyone with sewing or quilting experience or who wants to learn. Free.

Racial Equity Roundtable: Is It Cultural Appropriation or Appreciation? 5:30-7:30 p.m. Humboldt Area Foundation, 363 Indianola Road, Bayside. Defining and exploring cultural appropriation (vs. cultural exchange, appreciation and assimilation), causes, impacts and strategies for avoiding appropriation, using articles, videos and hands-on activities. Childcare provided. Free-\$15 sliding scale. equitynorthcoast@hafoundation.org. conta.cc/2NR8p8W. 267-9918.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

7 Friday

ART

2020 New Year Exhibition. Noon-5 p.m. Redwood Art Association Gallery, 603 F St., Eureka. See Feb. 6 listing.

Drop-in Volunteering. 1-6 p.m. SCRAP Humboldt, 101 H St., Suite D, Arcata. Drop-in volunteering every Friday to help the creative reuse nonprofit. Free. volunteer@scraphumboldt.org. www.scraphumboldt.org. 822-2452.

BOOKS

Winter Book Sale. 10 a.m.-5 p.m. Humboldt County Library, 1313 Third St., Eureka. Open for Friends of the Redwood Libraries members only on Friday

(membership available at the door) and the public on Saturday. Find fiction, nonfiction, children's books, vinyl, CDs and DVDs. Benefits the Humboldt County Library system. www.humlib.org.

COMEDY

Andrew Holmgren. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Holmgren is a regular at the SF Punch Line, has appeared on VICELAND and was named *SF Weekly's* "Best Comedian" in 2014. With Luisa Isbell, Evan Vest and host Baseball Robby. \$10. www.savagehenrymagazine.com.

Friday Night Improv Show. 7-9:45 p.m. Old Town Coffee & Chocolates, 211 F St., Eureka. Watch or play fun improv games with audience suggestions. Clean comedy. All ages welcome. Free. damionpanther@gmail.com. www.oldtowncoffeeeureka.com. 497-9039.

DANCE

Live Music World Dance Party. 8-10:30 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. The Humboldt Folk Dancers invite the public for easy dances and an evening of traditional live music. All ages and dance levels are welcome. \$5. kurumada@humboldt.edu. www.humboldtfolkdancers.org. 496-6734.

LECTURE

HSU's Black Liberation Month Keynote Speaker: Dr. Cornel West--SOLD OUT. 7-9:30 p.m. Kate Buchanan Room, Humboldt State University, Arcata. An evening of conversation on topics from his book *Race Matters*. Free copies for the first 100 students. aacae@humboldt.edu. aacae.humboldt.edu/black-history-month. 826-4588.

MOVIES

Amelie (2001). 8 p.m. Arcata Theatre Lounge, 1036 G St. French film about a shy waitress on a mission to make others happy. \$5. www.arcatatheatre.com.

MUSIC

Community Song Circle. 7:30-9 p.m. The Ink People Center for the Arts, 525 Seventh St., Eureka. Join your voice with others in the community singing simple songs and chants from various traditions around the world. No experience or ability to read music is necessary. tjsapunar@gmail.com. 404-229-1812.

THEATER

Commedia dell'Arte. 8-9 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See Feb. 6 listing.

Fun Home. 8 p.m. Ferndale Repertory Theatre, 447 Main St. When her father dies unexpectedly, graphic novelist Alison dives into her past to tell the story of the volatile, brilliant man. Through Feb. 16. \$18 general admission \$16 students (15-college) \$16 seniors (60+) \$10 youth (ages 3-14). www.ferndalerep.org.

Life Is A Dream. 8-11 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. A prophesy, a prince chained in a tower, and a case of mistaken identity set the scene for this classic Spanish masterpiece. \$18, \$16 students/seniors. northcoastrepertory@gmail.com. www.ncrt.net. 442-6278.

EVENTS

Humboldt Marble Weekend 2020. Noon-6 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. More than 60 glass artists and collectors from all over the country gather for a weekend of marble displays, live demos and hundreds of marble hunts. www.humboldtmarbleweekend.com.

Inked Hearts Tattoo Expo. 11 a.m.-10 p.m. Blue Lake Casino, 777 Casino Way. See Feb. 6 listing.

FOR KIDS

Baby Read & Grow. First Friday of every month, 11-11:45 a.m. Humboldt County Library, 1313 Third St., Eureka. Babies and their families are invited to share songs, finger plays and short stories at this early literacy event. Free. jlancaster@co.humboldt.ca.us. www.humlib.org. 269-1910.

SPORTS

Mad River Steelhead Derby. Countywide, Locations throughout Humboldt County, Humboldt. See Feb. 6 listing.

ETC

A Call to Yarns. Noon-1 p.m. Arcata Library, 500 Seventh St. Knit. Chat. Relax. Free. sparsons@co.humboldt.ca.us. 822-5954.

Solidarity Fridays. 5-6 p.m. County Courthouse, 825 Fifth St., Eureka. Join Veterans for Peace and the North Coast People's Alliance for a peaceful protest on the courthouse lawn. www.northcoast-peoplesalliance.org.

8 Saturday

ART

2020 New Year Exhibition. Noon-5 p.m. Redwood Art Association Gallery, 603 F St., Eureka. See Feb. 6 listing.

BOOKS

Story Time. Second Saturday of every month, 11:30 a.m.-noon. McKinleyville Library, 1606 Pickett Road. Join us on the second Saturday of the month for stories and songs.

Winter Book Sale. 10 a.m.-3:30 p.m. Humboldt County Library, 1313 Third St., Eureka. See Feb. 7 listing.

COMEDY

Saul Trujillo and Friends. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Trujillo won the 2018 Sacramento Comedy Competition and has performed all over California, Arizona, Montana, Washington and Oregon. With Scott Powers, Connor Martin and Jessica Grant. \$10. www.savagehenry-magazine.com.

DANCE

Decades Dance. 9:30 p.m. Arcata Theatre Lounge, 1036 G St. With DJs Gabe Pressure, Fluid, Copperton3 and Bailee Barnett. Ft. the ATL dance team. First 100 people free. www.arcatatheatre.com.

LECTURE

Fort Humboldt Historic Tour. 11 a.m.-noon. Fort Humboldt State Historic Park, 3431 Fort Ave., Eureka. An easy, 45-minute stroll with a story of hope, struggle and future presidents. Explore the historic buildings and enjoy views of the Humboldt Bay. Meet at the small flag pole at the north end of the parking lot. Free. ryan.spencer@parks.ca.gov. 445-6568.

MUSIC

Daniela Mineva and Garrick Woods. 7:30-9:30 p.m. Fortuna Monday Club, 610 Main St. Humboldt State University professors Daniela Mineva and Garrick Woods present a piano-cello duo concert with an all-Russian program entitled "From Russia with Love." Featuring sonatas by Rachmaninov, Schnittke and Shostakovich. \$10. fortunaconcert@live.com. www.fortunaconcertseries.com.

Home Cookin'. 8 p.m. Arcata Playhouse, 1251 Ninth St. Dance party with local Humboldt dance band Home Cookin'. A benefit for Playhouse programs. Cocktails

and light food fare available. Doors open at 7:30. \$15 general, \$13 members.

Led Kaapana. 7:30-10 p.m. The Old Steeple, 246 Berding St., Ferndale. Kaapana brings his Grammy-winning slack key guitar, baritone and leo ki`eki`e (falsetto) voices to Humboldt from Hawaii. With guest Fran Guidry. \$25. ferndalemusic@yahoo.com. www.ferndalemusiccompany.com/calendar/2020/2/8/led-kaapana. 786-7030.

THEATER

Commedia dell'Arte. 8-9 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See Feb. 6 listing.

Fun Home. 8 p.m. Ferndale Repertory Theatre, 447 Main St. See Feb. 7 listing.

Life Is A Dream. 8-11 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Feb. 7 listing.

EVENTS

Charles Washington Soul Food Dinner. 4-7 p.m. Eureka Woman's Club, 1531 J St. Eureka NAACP hosts its 50th annual celebration. Homemade food, live music and community. \$20, \$10 HSU/CR students. www.eurekawomansclub.org. (775) 338-1909.

Humboldt Marble Weekend 2020. Noon-6 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. See Feb. 7 listing.

Inked Hearts Tattoo Expo. 11 a.m.-10 p.m. Blue Lake Casino, 777 Casino Way. See Feb. 6 listing.

Lost Coast Barks & Brews. Noon-4 p.m. Gyppo Ale Mill, 1661 Upper Pacific Drive, Shelter Cove. Primal K-9 and the Gyppo Ale Mill host a no-holds-barred throwdown of cuteness, with awards in such categories as Best Dressed, Best Face Only A Parent Could Love, Looks Most Like Owner and more. Free to attend, \$25 to enter a dog. family@gyppo.com. www.gyppo.com. 986-7700.

Love Light Auction. 4-7 p.m. Humboldt Unitarian Universalist Fellowship, 24 Fellowship Way, Bayside. Donations include Fire & Light Originals, Moonstone Crossing Winery, North Coast Repertory Theatre, Booklegger, Northtown Books, Holly Yashi and more. Sweet and savory treats available. Local beer and wine for \$4 a serving. \$5. office@huuf.org. huuf.org/events/love-light-auction-2020. 822-3793.

NPA Elegant French Dinner with the Oyster Baes. 5:30-10 p.m. Sequoia Conference Center, 901 Myrtle Ave., Eureka. Gourmet four-course French dinner, student presentations, live music and silent auctions. \$65. npapc7@gmail.com. www.sequoiacenter.net. 822-0861.

Put a Ring on it! Jewelry Fundraiser. Noon-4 p.m. SCRAP Humboldt, 101 H St., Suite D, Arcata. Browse jewelry, beads and crystals. Members get in an hour earlier at 11 a.m. Free. info@scraphumboldt.org. www.scraphumboldt.org. 822-2452.

Roll Out the Barrel Release Party. 1-5 p.m. Jewell Distillery, 120 Monda Way, Unit C, Blue Lake. Music by Trippin the Dew, appetizers, raffle and Barrel Reserve Gin cocktails. \$20 includes two drink tickets and raffle.

Sweetheart Shopportunity. 10 a.m.-4 p.m. Moose Lodge, 4328 Campton Road, Eureka. Valentine shopping with over 20 local crafters and direct sales vendors. Shopping for all ages. amysalmostperfect@gmail.com. 593-6544.

FOR KIDS

Second Saturday Family Arts Day at the MGMA. Second Saturday of every month, 2-4 p.m. Morris Graves Museum of Art, 636 F St., Eureka. An afternoon

Continued on next page »

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NCJ CALENDAR

Continued from previous page

of learning, art-making and exploring the museum with hands-on projects and activities inspired by current exhibitions. Designed for families and youth 5-12, but all ages are welcome. \$5, \$2 for seniors students, free for children and members. alex@humboldtarts.org. www.humboldtarts.org/family-arts-day. 442-0278.

Story Time with Kathy Frye. Second Saturday of every month, 11-11:30 a.m. Rio Dell Library, 715 Wildwood Ave. Featuring puppets and more designed for children ages 0-5. Free. riohuml@co.humboldt.ca.us. 764-3333.

Storytime and Crafts. 11:30 a.m. Blue Lake Library, 111 Greenwood Ave. Followed by crafts at noon. Now with a Spanish and English story every first and third Saturday. Free. blkhuml@co.humboldt.ca.us. 668-4207.

FOOD

Arcata Plaza Winter Farmers Market. 10 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Fresh GMO-free foods direct from the farmers. Fruits and vegetables, humanely raised meats, pastured eggs, artisanal body products, plants, hot food stands and more.

Fieldbrook Wine and Chocolate Tasting. Noon-5 p.m. Fieldbrook Winery, 4241 Fieldbrook Road. Admission includes a flight of seven Fieldbrook wines and limited appetizers. Dick Taylor chocolate tasting and other local sweets. \$30, free to wine club members plus one. fieldbrookwinery@gmail.com. www.fieldbrookwinery.com/wines/2820-wine-club-and-chocolate-tasting. 839-4140.

GARDEN

Rose Pruning Demonstration. 10 a.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. The Humboldt Rose Society's rosarians offer expert, hands-on practice in a real garden at the north end of the property. Bring your pruning tools for free sharpening. www.humboldtrose.org. 764-5778.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet leader Elliott Dabill at the Interpretive Center on South G Street for a two-hour walk focusing on the ecology of the marsh. Loaner binoculars available with photo ID. Free. 826-2359.

Audubon Society Arcata Marsh Bird Walk. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and meet in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Walk leader is Ken Burton. Free. www.rras.org/calendar. 826-7031.

Beginning Birdwatching at Jacoby Creek School Garden. 11 a.m.-1 p.m. Jacoby Creek School, 1617 Old Arcata Road, Bayside. Drop in to watch and learn to identify birds as they visit feeders. Binoculars, spotting scopes, guides and other resources will be available. Meet at the garden. Free. daseeger@gmail.com. www.rras.org/home.aspx. 499-3613.

Dune Ecosystem Restoration. Every third Saturday, 9:30 a.m.-12:30 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Help remove invasive plants to make room for native plant diversity. Tools, gloves and snacks provided. Please bring water and wear work clothes. Free. info@friendsofthedunes.org. www.friendsofthedunes.org/calendar. 444-1397.

Hikshari Trail Volunteers Work Day. 9-11 a.m. Hikshari Trail, Elk River Wildlife Sanctuary, Eureka. Help beautify and improve the Hikshari Trail and its surroundings. Meet at the Elk River Wildlife Sanctuary parking lot at the south end of Hilfiker Lane, rain or shine. Gloves are available, or bring your own. Bring your own water. wnaylor@humboldt1.com.

Lichen Walk. 2-4 p.m. Parker Creek Trail, Parker Creek Road, Trinidad. Join Naturalist Loriel Caverly for a hike along Parker Creek Trail to Old Home beach and learn about lichens. Meet at the Trinidad Coastal Land Trust office, located next to the Trinidad Library, then walk along the nearby Parker Creek trail to Old Home Beach. The trail is short but moderately steep with steps. Call to reserve a spot. Free. info@trinidadcoastallandtrust.org. 677-2501.

Pilot Point Stewardship Work Day. 9:30 a.m.-noon. Pilot Point, Osurg Lane, Trinidad. Join Trinidad Coastal Land Trust for a special work day at Pilot Point — a private forest nature reserve near Moonstone Beach. Gloves and tools provided. Sturdy shoes are required. Come prepared for the weather. Meet at Osurg Lane Scenic Drive in Trinidad. Carpool if you can. info@trinidadcoastallandtrust.org. 677-2501.

SPORTS

Mad River Steelhead Derby. Countywide,. See Feb. 6 listing.

ETC

Media Center Orientation. Second Saturday of every month, 10 a.m. Access Humboldt Community Media Center, 1915 J St., Eureka. Learn about the recording studio, field equipment, editing stations and cable TV channels available at Access Humboldt. Free. 476-1798.

Diabetes Self-Management Workshop. 10 a.m.-12:30 p.m. Humboldt IPA, 2662 Harris St., Eureka. Learn about what your blood sugar is telling you, managing stress and difficult emotions, working with healthcare providers and your diet. Free. www.eventbrite.com/e/free-diabetes-self-management-workshop-tickets-68809608391. 267-9606.

Women's Peace Vigil. Noon-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

9 Sunday

ART

2020 New Year Exhibition. Noon-5 p.m. Redwood Art Association Gallery, 603 F St., Eureka. See Feb. 6 listing.

Art Reception and talk. 1-4 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. Artist in Residence Crystal Ange's "Elements of Humboldt through Rainbow Eyes." At 3 p.m., a talk by Roy King, "Outsider Art: Healing through the Visual Arts." Also, a raffle. Attendees are invited to bring a covered dish to share. Free. annintrin@lycos.com. 677-9493.

DANCE

An Afternoon of Dance at the MGMA. 2-3 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Feb. 9, Dance With Debbie; March 15, Academy of Irish Dance. Join Debbie Weist, owner and instructor for Dance with Debbie, for a slow dance lesson, just in time for Valentine's Day. This is an all levels dance lesson. \$5, \$2 for seniors/students, free for children and members. alex@humboldtarts.org. www.humboldtarts.org/afternoon-of-dance. 442-0278.

MOVIES

Inside Montessori. 2 p.m. Arcata Theatre Lounge, 1036 G St. Redwood Coast Montessori presents this documentary about five Montessori schools throughout

the United States and how they inspire learners and teachers. Free. michelle@redwoodmontessori.org. www.insidemontessori.org. 832-4194.

Harry Potter & the Chamber of Secrets (2002). 6 p.m. Arcata Theatre Lounge, 1036 G St. Year two at Hogwarts with Harry, Ron and Hermione. \$5. www.arcatatheatre.com.

MUSIC

Bayside Community Hall Music Project. 6-8 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. Bandemonium, community activist street band. Bring wind instruments and drums. Free. gregg@relevant-music.org. www.relevantmusic.org/Bayside. 499-8516.

Dweezil Zappa. 8 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Performing his father Frank Zappa's entire *Hot Rats* album with his own "rocking teenage combo." \$55, \$25.

HSU Honors Recital. 5-7 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. The HSU Department of Music presents student musicians with pianist John Chernoff accompanying many of the soloists. \$10, \$5 child, Free for HSU students with ID. mus@humboldt.edu. music.humboldt.edu. 826-3928.

THEATER

Fun Home. 2 p.m. Ferndale Repertory Theatre, 447 Main St. See Feb. 7 listing.

EVENTS

Red Carpet Gala: Oscar Viewing Party. 5-9 p.m. Eureka Theater, 612 F St. The Humboldt-Del Norte Film Commission's annual Oscar viewing party features live entertainment, live music, local awards, catered food and a no-host bar. \$25 presale, \$30 at the door. www.filmhumboldt.org.

Home Away From Home Potluck. 5-7 p.m. D Street Neighborhood Center, 1301 D St., Arcata. Equity Arcata hosts a meal and an opportunity for students and the community to com together.

Inked Hearts Tattoo Expo. 11 a.m.-6 p.m. Blue Lake Casino, 777 Casino Way. See Feb. 6 listing.

Red Carpet Awards Celebration. 3-8 p.m. Minor Theatre, 1013 H St., Arcata. Music by Sansu (Absynth Trio). No-host bar. Hors d'oeuvres by Brett Schuler Fine Catering. Ceremony begins at 5 p.m. Hosted by William Toblerone. \$25, \$50 VIP at box office only.

FOR KIDS

Lego Club. 12:30-2 p.m. Redwood Discovery Museum, 612 G St., Eureka. For ages 4 and up. Free w/museum admission. www.discovery-museum.org.

FOOD

Food Not Bombs. 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

ICF Chicken and Polenta Dinner. 4-6 p.m. St. Mary's Leavey Hall, 1690 Janes Road, Arcata. Family style dinner. Two seatings: 4 p.m. and 5:30 p.m. Reservations advised. Italian Catholic Federation, St. Mary's Church Charities and Scholarship benefit. \$15, \$7 children 6-12. 663-5679.

Pancake Breakfast. Second Sunday of every month, 8-11 a.m. Mad River Grange, 110 Hatchery Road, Blue Lake. Breakfast with your choice of eggs, ham, sausage, toast, pancakes, coffee, tea and orange juice. \$5, \$2.50 kids ages 6-12, free for kids under 6.

Veterans Pancake Breakfast. Second Sunday of every month, 8 a.m.-noon. Fortuna Veterans Hall/Memorial Building, 1426 Main St. Pancakes, eggs, sausage, bacon, biscuits and gravy, orange juice, coffee, tea, hot chocolate. Benefits local youth groups and veterans events in

the Eel River Valley. \$8, \$5 kids under 12. vfwpost2207@gmail.com. 725-4480.

OUTDOORS

Dune Ecosystem Restoration Day. 10 a.m.-1 p.m. Ma-le'l Dunes South, Young Lane, Arcata. Join the Dune Ecosystem Restoration Team to remove non-native, invasive plant species. Training in plant identification and removal practices along with tools, gloves and snacks provided. Free. info@friendsofthedunes.org. www.friendsofthedunes.org. 444-1397.

Audubon Society Birding Trip. Second Sunday of every month, 9 a.m. Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. Join Redwood Region Audubon Society for a 2- to 3-hour birding walk. Beginners welcome. Meet at the Visitor Center at 9 a.m. Contact Ralph Bucher. Free. thebook@reninet.com. 499-1247.

SPORTS

Mad River Steelhead Derby. Countywide. See Feb. 6 listing.

ETC

Pokémon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugame-online.com. 497-6358.

10 Monday

BOOKS

Writing Group. 4-5:30 p.m. Old Town Coffee & Chocolates, 211 F St., Eureka. Authors and authors-to-be supporting one another weekly, from plotting to publication. RSVP by text or email. Free. damionpanther@gmail.com. www.oldtowncoffeeeureka.com. 497-9039.

COMEDY

Improv Show. 6-7:45 p.m. Old Town Coffee & Chocolates, 211 F St., Eureka. Watch or play fun improv games. Audience suggestions taken for scenes, plays, films, songs and more. Clean comedy. All ages welcome. Free. damionpanther@gmail.com. www.oldtowncoffeeeureka.com. 497-9039.

Monday Night Pod. 7-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Live recordings of podcasts on the Savage Henry Podcast Network. Usually two recordings 7 and 9 p.m. Free. editor@savagehenrymagazine.com. www.savagehenrymagazine.com. 845-8864.

DANCE

Baile Terapia. 7-8 p.m. Jefferson Community Center, 1000 B St., Eureka. Paso a Paso hosts dance therapy. Free. jorge.matias@stjoe.org. 441-4477.

LECTURE

Decolonize the Language of Water. 5 p.m. Native American Forum, Humboldt State University, Arcata. Water rights presentation by Anecita Augustinez. Part of International Education Week and honoring the 25th anniversary of Native American Studies at HSU.

MUSIC

Humboldt Harmonaires. 7-9:30 p.m. Eureka High School, 1915 J St. Sing four-part men's a cappella barbershop harmony, no experience needed. All voice levels and ages welcome. In the EHS band room located in the rear with parking at Del Norte and J streets. Free. srjoeppa@gmail.com. 834-0909.

SPOKEN WORD

Poets on the Plaza. Second Monday of every month, 8 p.m. Plaza View Room, Eighth and H streets, Arcata.

Read/perform your original poetry or hear others. \$1.

EVENTS

Klamath River Issues Panel. 9 a.m. Library Fishbowl, Humboldt State University, Arcata. Part of International Education Week and Honoring the 25th anniversary of Native American Studies at HSU.

GARDEN

Presentation by Adam Cantor on California's Plants. 2-3 p.m. Ferndale City Hall, 100 Berding. The Ferndale Garden Club invites the public to hear Adam Cantor speak on California plants. sharontubb@gmail.com. 983030.

MEETINGS

VFW Post 2207 Monthly Meeting. Second Monday of every month, 7-8:30 p.m. Fortuna Veterans Hall/Memorial Building, 1426 Main St. Fostering camaraderie among U.S. veterans of overseas conflicts and advocating for veterans, the military and communities. Free. 725-4480.

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

SPORTS

Mad River Steelhead Derby. Countywide. See Feb. 6 listing.

11 Tuesday

COMEDY

Moms Comedy. 8 p.m. Blondies Food And Drink, 420 E. California Ave., Arcata. Come talk about how you pee your pants a little. www.blondiesfoodanddrink.com.

Trivia Tuesdays. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Teams of three. Three rounds. Real prizes. \$5 team entry fee. editor@savagehenrymagazine.com. www.savagehenrymagazine.com. 845-8864.

DANCE

Let's Dance. 7-9:30 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Live music. All ages. \$6. www.facebook.com/humboldt.grange. 725-5323.

MUSIC

Humboldt Ukulele Group. Second Tuesday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of strummers. Beginners welcome. \$3. dsander1@arcatanet.com. 839-2816.

FOR KIDS

Family Storytime. 10:30-11 a.m. Fortuna Library, 753 14th St. A rotating group of storytellers entertain children ages 2-6 and parents at Fortuna Library. Free. www.humlib.org. 725-3460.

First 5 Playgroup Fortuna. 9:30-11:30 a.m. Gene Lucas Community Center, 3000 Newburg Road Suite B, Fortuna. Free First 5 Playgroup, a place for family fun, resources and new friendships. Free. info@glccenter.org. glccenter.org. 725-3300.

MEETINGS

Humboldt Cribbers. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Humboldt Cribbage Club plays weekly. Seven games in summer and nine games during the season. \$8. grasshopper60@aol.com. 444-3161.

OUTDOORS

A Snowy Seminar. 6-7 p.m. Center Activities, 1 Harpst St., Arcata. Learn about Humboldt's snow locations,

basics on what to wear and more. Register online or call. Free. cntract@humboldt.edu. www.centeractivities.humboldt.edu. 826-3357.

SPORTS

Mad River Steelhead Derby. Countywide. See Feb. 6 listing.

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games \$1-\$10.

Board Game Night. 6-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw Ave., Ferndale. Cards and pegs.

Katie's Krafters. 9:30-11:30 a.m. Arcata Senior Dining Center, 321 Dr. Martin Luther King Jr. Parkway. See Feb. 6 listing.

Pokémon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Feb. 9 listing.

12 Wednesday

ART

2020 New Year Exhibition. Noon-5 p.m. Redwood Art Association Gallery, 603 F St., Eureka. See Feb. 6 listing.

COMEDY

Open Mikey. 9-11:45 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Hosted by Nando Molina, Jessica Grant and Josh Barnes. Sign up early. For beginners and seasoned comics. Free. peter@savagehenrymagazine.com. www.savagehenrymagazine.com/events. 798-6333.

LECTURE

HSU's Black Liberation Month Featured Speaker: Ilyasah Shabazz. 6-8 p.m. Humboldt State University Great Hall, 1 Rossow St., Arcata. The author of *Growing Up X: A Memoir by the Daughter of Malcolm X* is a community organizer, social activist and motivational speaker. Moderated by Ramona Bell. Free copies of Shabazz's book for the first 100 students. Tickets are available at the UC Ticket Office 826-3928. Free. aacae@humboldt.edu. www.aacae.humboldt.edu/black-history-month. 826-4588.

MOVIES

Bigfoot Trail Film Night. 6 p.m. Arcata Playhouse, 1251 Ninth St. Screening of the film *Eight Days in the Siskiyous* with refreshments, panel discussion about the Bigfoot Trail and more. bfta@bigfoottrail.org. www.bigfoottrail.org.

MUSIC

Ekali: A World Away Tour. 8 p.m. Arcata Theatre Lounge, 1036 G St. EDM. \$25, \$20, \$15. www.arcatatheatre.com.

Sweet Harmony Women's Chorus. 6-8 p.m. Arcata United Methodist Church, 1761 11th St. All-female barbershop-style chorus that sings a variety of music in four-part, a cappella harmonies. Accepting new members. Ability to read music not required. barber-shophumboldt@gmail.com. (802) 490-9455, 601-8219.

EVENTS

Sovereign Bodies. 11 a.m. Library Fishbowl, Humboldt State University, Arcata. Part of International Education Week and honoring the 25th anniversary of Native American Studies at HSU.

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NCJ CALENDAR

Continued from previous page

SPORTS

Mad River Steelhead Derby. Countywide. See Feb. 6 listing.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Family Night. 4-7 p.m. Blood Bank, 2524 Harrison Ave, Eureka. The Blood Bank will make dinner and watch the kids while you donate. Free. recruit@nccbb.org. www.nccbb.org. 443-8004.

13 Thursday

ART

2020 New Year Exhibition. Noon-5 p.m. Redwood Art Association Gallery, 603 F St., Eureka. See Feb. 6 listing.

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See Feb. 6 listing.

Playing into Transformation. 3-4:30 p.m. The Connection HPRC, 334 F St. (former Bank of America building), Eureka. See Feb. 6 listing.

BOOKS

Trinidad Library Book Buddies Club. Second Thursday of every month, 11 a.m.-noon. Trinidad Library, 380 Janis Court. No mandatory reading, just a love of books. Free. trihuml@co.humboldt.ca.us. 677-0227.

DANCE

Redwood Fusion Partner Dance. 7-10 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. See Feb. 6 listing.

MOVIES

Humboldt Surfrider - Ocean Night. 6:30 p.m. Arcata Theatre Lounge, 1036 G St. From majestic documentaries to epic surf flicks, explore the great blue sea with Humboldt Surfrider. \$5 suggested donation. www.arcatatheatre.com.

THEATER

Talleres De Teatro Gratuitos/Free Theater Workshops. 6-8 p.m. Jefferson Community Center, 1000 B St., Eureka. Dell'Arte and Centro del Pueblo partner to offer free theater workshops for the Latinx community to culminate in a Mad River Festival performance. Workshops and performance will be in Spanish. *El taller será totalmente práctico, vamos a jugar, pasarlo bien, y trabajar la expresión corporal, la voz, trabajar la improvisación, y concernos a través del teatro.* Free. sayda@dellarte.com.

EVENTS

Career & Volunteer Expo. Noon-4 p.m. West Gym, Humboldt State University, Arcata.

FOR KIDS

Trinidad Lego Club. Second Thursday of every month, 3-4:30 p.m. Trinidad Town Hall, 409 Trinity St. Calling all masterbuilders 5 and up. Meeting in the Trinidad Civic Club Room. Free. 496-6455.

Trinidad Library Toddler Storytime. 10-11 a.m. Trinidad Library, 380 Janis Court. See Feb. 6 listing.

FOOD

Valentine's Day Pop Up Shop. 10 a.m.-6 p.m. Dick Taylor Chocolate Factory, 4 West Fourth St., Eureka. Browse chocolate-dipped strawberries, single stem roses and flower bouquets by Blossoms Florist, chocolate gift collections, cards and more.

MEETINGS

Conservation Meeting. Second Thursday of every month, 12-1:30 p.m. Rita's Margaritas & Mexican Grill, 1111 Fifth St., Eureka. Discuss conservation issues of interest to the Redwood Region Audubon Society. Free. www.rras.org/calendar.html. 445-8311.

Humboldt Grange 501. Second Thursday of every month, 6:30-8 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Regular monthly meeting. nanettespearschade@gmail.com. www.facebook.com/humboldt.grange. 443-0045.

Humboldt Rose Society. Christ Episcopal Church, 15th and H streets, Eureka. Humboldt Rose Society President Evan Duthaler discusses companion planting for roses and how it fits into an integrated pest management plan. Refreshments, door prizes. All welcome. www.humboldtrose.org. 822-4716.

Toastmasters. Second Thursday of every month, noon. Redwood Sciences Laboratory, 1700 Bayview St., Arcata. Give and receive feedback and learn to speak with confidence. Second and fourth Thursdays. Visitors welcome.

SPORTS

Mad River Steelhead Derby. Countywide. See Feb. 6 listing.

ETC

Beauty and Wellness Pop Up. 11 a.m.-3 p.m. D Street Neighborhood Center, 1301 D St., Arcata. Black beauty and hair care products. Hair demonstrations and hair cuts provided, including wellness workshops that promote self-love and beauty in the Black community.

Katie's Krafters. 9:30-11:30 a.m. Arcata Senior Dining Center, 321 Dr. Martin Luther King Jr. Parkway. See Feb. 6 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Feb. 6 listing.

Heads Up ...

The Fortuna Chamber Art & Culture Committee seeks artists to design Artist Poles to be displayed in and around Fortuna. The committee is looking for submissions that best represent Fortuna: nature, culture, events, wildlife, etc. Download submission guidelines and application at www.fortunachamber.com/artcommittee. Deadline to submit an application is Feb. 17.

SCRAP Humboldt is hosting an open call for teams of two to compete in the 2020 Rebel Craft Rumble. Applications can be picked up at SCRAP Humboldt and participants are encouraged to get creative with them. Applications are due to SCRAP Humboldt by Feb. 22, with a \$5 non-refundable application fee.

Hybrid poetry and art contest seeks local entries from poets and artists. Entries are due no later than Feb. 29. For more information and to submit, email David Holper at Eurekapoetlaureate@gmail.com.

The Eureka Street Art Festival is seeking artists for the third annual event, taking place Aug. 10-15 in the Henderson Center neighborhood. Artists can learn more and apply on the website (www.eurekastreetartfestival.com) anytime before Mar. 13. The festival is also seeking sponsorship. Visit www.eurekastreetartfestival.com to learn more.

Friends of the Dunes is gearing up for the Get Outside Gear Sale and wants your old stuff. Donate or consign your gently used outdoor gear for this annual fundraiser taking place Apr. 11. Donations are now being accepted at the Humboldt Coastal Nature Center and at Adventures Edge in Arcata and Eureka.

Call 444-1397 or visit www.friendsofthedunes.org/gearsale for more information.

Redwood Region Audubon Society is sponsoring its 15th annual student nature writing contest. Up to six cash prizes will be awarded for the best essay(s) or poem(s) on "What Nature Means to Me" by Humboldt or Del Norte County students in grades four through 12. Winners will be published in a booklet posted on the RRAS website, www.rras.org, by mid-May, with awards presented at the 25th annual Godwit Days Festival at the Arcata Community Center on Saturday, April 18 at 10:30 a.m. A flyer with complete submission instructions is posted at www.rras.org and has been mailed to schools.

The Student Bird Art Contest at Godwit Days seeks entries from Humboldt County students from kindergarten through high school. Complete rules and a list of suggested birds to draw is posted at www.rras.org and www.arcatamarshfriends.org or can be picked up at the Arcata Marsh Interpretive Center. Entries must be received by March 20. Questions should be e-mailed to sueleskiw1@gmail.com.

Applications for the 42nd annual Humboldt Folklife Festival are now being accepted. Applications are due March 20. Apply at www.humboldtfolklife.org. Please only apply if you are a Humboldt County musician. For more info: humboldtfolklifest@gmail.com.

Online registration is now open at www.godwitdays.org for the 25th annual Godwit Days Spring Migration Bird Festival April 17-19 at the Arcata Community Center. Event schedule and registration online, or call 826-7050 or 1-800-908-WING (9464).

Coast Central Credit Union scholarships available for high school seniors graduating this year from schools in Humboldt, Del Norte and Trinity counties. Deadline to apply is March 12. Applications are available at www.coastccu.org/community/college-scholarships.

Hospice of Humboldt is looking for volunteers to offer comfort and support to patients and their families, as well as help with office support, community outreach, thrift store staff and other contributions. Call 267-9813.

The Humboldt Branch of Women's International League for Peace and Freedom seeks applications from Humboldt County residents for its Edilith Eckart Memorial Peace Scholarship, for projects that promote peace and/or social justice, locally or globally. Grants range from \$150-\$500. Application is available at www.wilpfhumboldt.wordpress.com and is due by 4 p.m. on April 1. Mail applications to WILPF at P.O. Box 867, Arcata, CA 95518 or email to wilpf@humboldt1.com. Call 822-5711 with questions.

The McKinleyville Community Choir is seeking new voices for its Spring season. All parts (soprano, alto, tenor and bass) are welcome. You don't need to reside in McKinleyville. Carpools available. Contact Clare Greene at (831) 419-3247 or e-mail ccgreene46@gmail.com.

Soroptimist International of Humboldt Bay has six monetary awards and/or scholarships available. Visit www.soroptimistofhumboltdbay.org.

Friends of the Arcata Marsh and the city of Arcata seek welcome desk volunteers for weekends at the Marsh Interpretive Center. Shifts are four hours, from 9 a.m. to 1 p.m. or 1 p.m. to 5 p.m. Call 826-2359 or email amic@cityofarcata.org.

Fab Artist Fund now accepting applications. Grant guidelines are posted at www.humboldtarts.org. Email Jemima@humboldtarts.org or 442-0278, extension 205. ●

Babes in the Wood

Gretel and Hansel's empty feast

By Jennifer Fumiko Cahill

jennifer@northcoastjournal.com



When the event listing says, "Dress for the weather."

Gretel and Hansel

Reviews

GRETEL AND HANSEL. There is much to be mined in Western fairy tales but few are as adaptable to horror as *Hansel and Gretel* as set down by the Brothers Grimm in 1812, with the shunned children falling prey to a cannibalistic witch. In the end, Hansel's cleverness only goes so far and it's Gretel who must shove the witch into her own oven to burn as they escape to the sound of her howling. What better formative horror story for children? Reading the English translation as children, my brother and I, half raised on Japanese folk tales in which children appear as longed-for gifts, absorbed its shocking lessons: that hunger and poverty can break family bonds, adults are not to be trusted and nothing is free.

Director Osgood Perkins (yes, as in Anthony, his late father) delves into these warnings, telling the story, as the title indicates, with Gretel at its center. With *The Blackcoat's Daughter* (2015) and *I Am the Pretty Thing That Lives in the House* (2016), he has carved out his own horror subgenre focusing on the eerie loneliness of girls and women, bereft after possession, haunting and death. In *Gretel and Hansel*, he delivers otherworldly dread and gorgeous/ghastly visuals to flesh out the fairy tale, but the pacing is slow and self-indulgent, and its resolution does not satisfy.

We begin with a story, though not that of the title characters. Instead, it's the tale they've grown up with, the story of the Beautiful Child, a little girl in a pink wool cap on whom I'd put my money in a fight against the twins from *The Shining*. Her desperate parents save her from illness in her infancy with the help of a faceless sorceress. Soon the girl manifests supernatural powers and a violent streak that leaves her family no choice but to abandon her

in the woods, where she dwells alone, luring other children to their doom. It's a story that lingers in the mind of teenage Gretel (Sophia Lillis) as she makes her way, round-faced brother (Samuel Leakey) in tow, through autumn woods to see about a job as a maid. The employer, a grotesque old man, is mostly interested in her virginity so she leaves without work. Her mother, mad, grieving and starving, casts out the siblings, punctuating her order with the sudden swing of an ax. And so they set off, Gretel a stoic guardian undeterred by haunting visions of the Beautiful Child and the sorceress. After a kindly huntsman (Charles Babalola) comes briefly to their rescue, sharing food and sending them on a safer path, she wonders at her own unease at the sudden arrival of help when it's needed — how it feels like a trap. Soon they come upon a spooky A-frame (which I'm sure I've seen tucked way back in Sun-ny Brae) that, while not made of gingerbread, is packed with food. The old woman inside (Alice Krige), her fingers stained soot-black, welcomes them with a feast, though Gretel, ever distrustful of gifts, insists they work for room and board. As days pass, she teaches Gretel about herbs and the girl's nascent powers, how they will both sustain her and alienate her from the world of men. It's this hunger — to be valued and mentored — that temporarily tamps down Gretel's suspicions until her brother's peril awakens her.

Unfortunately, the steady dread Perkins so artfully creates grows plodding halfway through (unlike in the swiftly paced flashbacks) and the anachronisms and mismatched accents start to wear rather than intrigue. Still, *Gretel and Hansel* is packed with beautiful shots: the bare forest carpeted with golden leaves; the

pale witch emerging from a pool of black liquid; a plume of red smoke from a stone house; and the insect-like silhouette of the sorceress. It also makes some interesting observations about the dizzying power of literal hunger, as well as ambition and emotional need, though it could have gone further into the last. The relationship between Gretel, her options narrowing as she enters womanhood, and the old woman who urges sacrifice to achieve her full potential is meaty stuff, but when they face off, it falls away. Emotional moments are flattened toward the end of the film and one wonders if Perkins' reliance on the numbed-out faces of young women isn't more habit than choice. If cutting attachments grants one power it has to come with heartbreak we can feel, not a tearless choice. Nothing, especially magic, comes for free. PG13. 87M. BROADWAY, FORTUNA, MILL CREEK.

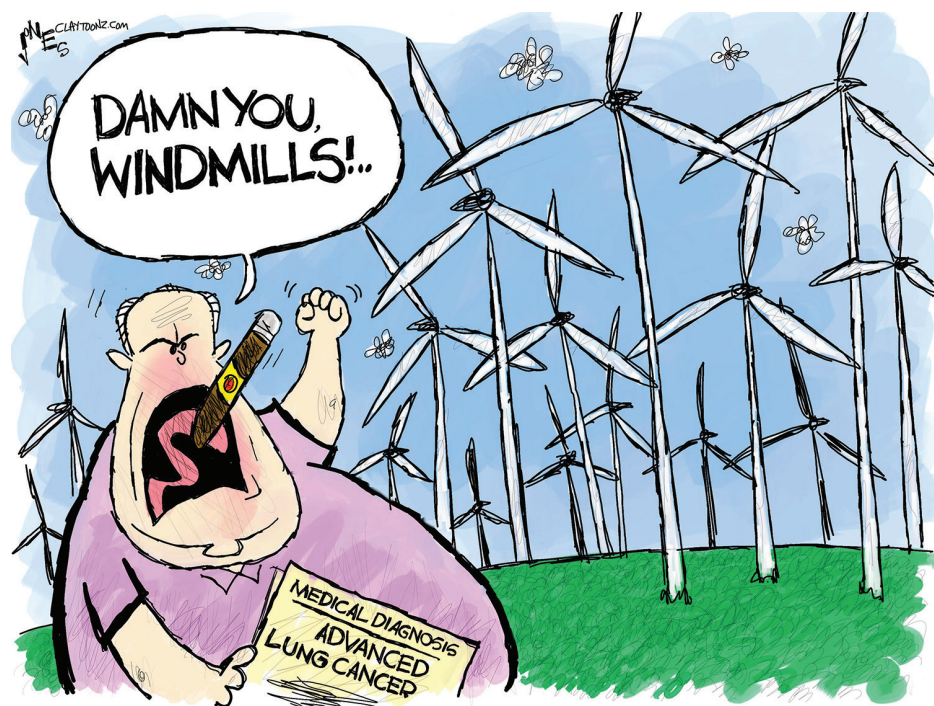
See showtimes at www.northcoastjournal.com or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Minor Theatre 822-3456; Richards' Goat Miniplex 630-5000.

Opening

BIRDS OF PREY. Harley Quinn (Margot Robbie), Huntress (Mary Elizabeth Winstead), Black Canary (Jurnee Smollett-Bell) and Renee Montoya (Rosie Perez) make DC Comics mayhem with director Cathy Yan. R. 109M. BROADWAY, FORTUNA, MILL CREEK, MINOR.

TITANIC (1997). Starts on a cruise, ends on a cruise, amirite? PG13. 194M. BROADWAY.

Continued on next page »



Continued from previous page



Heading into the comments section.
Gretel and Hansel

Continuing

1917. Director Sam Mendes' single-shot World War I drama tells the story of British soldiers crossing the horrors of No Man's Land with urgency and dream-like continuity. R. 119M. BROADWAY, MILL CREEK.

BAD BOYS FOR LIFE. Will Smith and Martin Lawrence return to the buddy cop franchise set in Miami. R. 123M. BROADWAY, FORTUNA, MILL CREEK.

DOLITTLE. The eccentric vet who talks to animals played by Robert Downey Jr. With Antonio Banderas. PG. 101M. BROADWAY, FORTUNA, MILL CREEK.

FORD VS. FERRARI. Matt Damon and Christian Bale star in an excellent true-story drama about an engineer and a driver perfecting a race car in a years-long grudge match. With engaging performances and exhilarating racing sequences. PG13. 152M. MINOR.

THE GENTLEMEN. Director Guy Ritchie's return to British crime comedy brings back cheeky performances, action and problematic GQ masculinity. A clunky narrative underwhelming climax-to-denouement keep it from being too triumphant. R. 113M. BROADWAY, MILL CREEK.

HONEYLAND. A documentary about a beekeeper in rural Europe and the visiting itinerant beekeepers whose methods conflict with hers. 90M. NR. MINIPLEX.

JOJO RABBIT. Director Taika Waititi's satire about a Hitler youth recruit (Roman Griffin Davis) whose goofy imaginary friend is Hitler (Waititi) and who struggles with his beliefs when he finds his mother is hiding a Jewish girl. PG13. 108M. MINOR.

JUMANJI: THE NEXT LEVEL. Dwayne Johnson and Kevin Hart are literally back in the game, which is glitching. PG13. 123M. BROADWAY.

KNIVES OUT. Director Rian Johnson's tightly controlled whodunnit both pays

homage to and raises the stakes of classic mystery with a stellar cast. Starring Daniel Craig, Ana de Armas, Jamie Lee Curtis and Chris Evans. PG13. 130M. BROADWAY, FORTUNA.

OSCAR NOMINATED SHORTS: ANIMATED. *Animal Behaviour*, *Bao*, *Late Afternoon*, *One Small Step* and *Week-ends*. MINOR.

OSCAR NOMINATED SHORTS: DOCUMENTARY. *Black Sheep*, *End Game*, *Lifeboat*, *A Night at the Garden* and *Period*. *End of Sentence*. BROADWAY, MINOR.

OSCAR NOMINATED SHORTS: LIVE ACTION. *Detainment*, *Fauve*, *Marguerite*, *Mother* and *Skin*. MINOR.

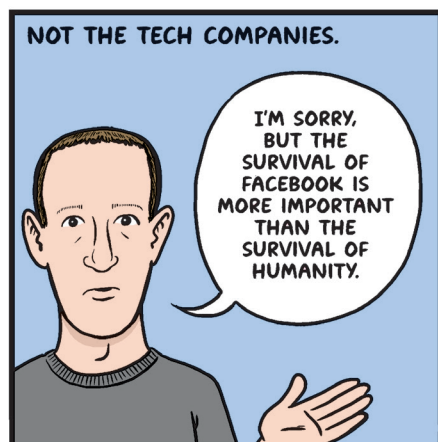
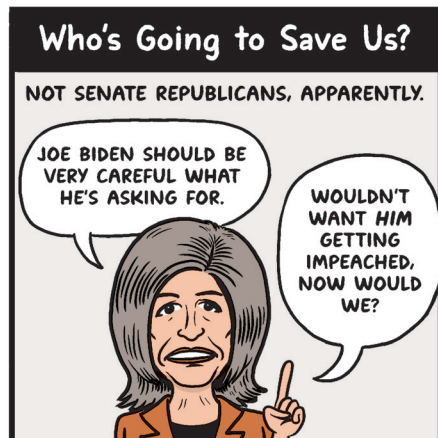
PARASITE. Writer/director Bong Joon Ho's entertaining, explosive drama about a poor family scamming its way to employment with a rich one is stunning in its sudden turns and unflinching mirror on capitalist society. Starring Kang-ho Song and Woo-sik Choi. (In Korean with subtitles.) R. 132M. MINOR (color and black and white version).

THE RHYTHM SECTION. Blake Lively stars as a woman hunting down those responsible for the plane bombing that killed her family. With Jude Law and Sterling K. Brown. R. 109M. BROADWAY, FORTUNA, MILL CREEK.

STAR WARS: THE RISE OF SKYWALKER. J.J. Abrams steers a tremendous cast, fantastic effects and a few rousing sequences but this wrap-up of the Skywalker saga is visually and narratively cacophonous enough to drown out emotional moments. PG. 141M. BROADWAY, MILL CREEK.

THE TURNING. Henry James' horror adaptation about the worst babysitting gig ever. PG13. 94M. BROADWAY.

— Jennifer Fumiko Cahill



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WORKSHOPS & CLASSES

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Arts & Crafts

SILVERSMITHING WORKSHOPS/JEWELRY MAKING CLASSES Learn four skills, soldering, saw piercing, ring making and stone setting in 7 hour semi-private classes. Feb and March dates are available. Examples at FAC gallery and www.cabochongems.com Information at FIRE ARTS CENTER 707-826-1445 or text Karen Davidson 707-499-9503

STAINED GLASS Mar 26-Apr 30. Call CR Workforce & Community Education for more information at (707) 476-4500. (A-0206)

Kids & Teens

POTTERY CLASSES AT FIRE ARTS: 5 week kids class starts Feb 24! Class size limited! Full schedule of classes@ fireartsarcata.com or call 707-826-1445 (K-0213)

Dance/Music/Theater/Film

GUITAR/PIANO LESSONS. All ages, beginning & intermediate. Seabury Gould (707)845-8167. (DMT-1231)

REDWOOD RAKS WORLD DANCE STUDIO, OLD CREAMERY IN ARCATA. Belly Dance, Swing, Tango, Hip Hop, Zumba, African, Samba, Capoeira and more for all ages. (707) 616-6876 www.redwoodraks.com (D-1231)

STEEL DRUM CLASSES. Weekly Beginning Class: Fri's. 10:30a.m.-11:30a.m., Level 2 Beginners Class Fri's. 11:30a.m.-12:30 p.m. Beginners Mon's 7:00p.m.-8:00p.m. Pan Arts Network 1049 Samoa Blvd. Suite C (707) 407-8998. panartsnetwork.com (DMT-1231)

Fitness

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-1231)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-1231)

Spiritual

EVOLUTIONARY TAROT Ongoing classes, private mentorships and readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com carolyn@tarotofbecoming.com (S-1231)

SOTO ZEN MEDITATION Sunday programs and weekday meditation in Arcata locations; Wed evenings in Eureka, arcatazengroup.org Beginners welcome, call for orientation. (707) 826-1701 (S-1231)

Sports & Recreation

BECOME A WHITEWATER RIVER GUIDE.

Looking for an awesome summer job or just want to guide rivers safely on your own? Redwoods & Rivers Guide School is the way to get started. Scheduled for March 15-20. (800) 429-0090

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-1231)

SMARTRECOVERY.ORG 707 267 7868. (T-0423)

FREE DEPRESSION SUPPORT GROUP. Feeling hopeless? Free, non-religious, drop-in peer group for people experiencing depression/anxiety. UMCJH 144 Central Ave, McK 839-5691 (T-0123)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 707-825-0920, saahumboldt@yahoo.com (T-1231)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-1231)

Vocational

AUTO BODY COLLISION REPAIR Feb 24 - Apr 29. Call CR Workforce & Community Education for more information at (707) 476-4500. (V-0206)

DRONE FLYING AND SAFETY COURSE: Learn to fly a drone safely with this online and in-person Course. Starts Feb 24. Class space is limited. Register www.humboldt.edu/extended or call 707-826-3731. (V-0206)

FREE AMERICAN SIGN LANGUAGE CLASSES Call College of the Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-0514)

FREE BEGINNING LITERACY CLASS Call College of The Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-0514)

FREE COMPUTER SKILLS CLASS Call College of the Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-0514)

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FREE LIVING SKILLS FOR ADULTS WITH DISABILITIES Call College of the Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-0514)

GED TESTING Earn your GED. Call Workforce and Community Education for more information or to schedule your appointment at (707) 476-4500. (V-0206)

GROW YOUR SMALL LOCAL BUSINESS through digital marketing, financial management, e-commerce, and Human Resource workshops. Visit www.humboldt.edu/sbdc or call 707-826-3731. (V-0206)

HISTORY OF CANNABIS Mar 23 - Apr 15. Call CR Workforce & Community Education for more information at (707) 476-4500. (V-0206)

INCIDENT SAFETY AWARENESS FOR HIRED VENDORS Trainings available in February & March. Call CR Workforce & Community Education for more information at (707) 476-4500. (V-0206)

LUNCH AND LEARN Both you and your employees deserve the personal and professional growth that comes from inspiring training. This 10-week intensive training will explore leadership strategies that aim to increase your productivity, strengthen your team and grow your business.

Humboldt Made Member Rate 380.00, that's \$38 per workshop. Lunch included. Non-Humboldt Made members welcome! Non-member rate - \$480. Each ticket allows for up to two staff members.

Reserve your spot today. Space is limited!

Monday, Mar. 9 : 11 a.m.-1 p.m.
Monday, Mar. 16 : 11 a.m.-1 p.m.
Monday, Mar. 23 : 11 a.m.-1 p.m.
Monday, Mar. 30 : 11 a.m.-1 p.m.
Monday, April 6 : 11 a.m.-1 p.m.
Monday, April 13 : 11 a.m.-1 p.m.
Monday, April 20 : 11 a.m.-1 p.m.
Monday, April 27 : 11 a.m.-1 p.m.
Monday, May 4 : 11 a.m.-1 p.m.
Monday, May 11 : 11 a.m.-1 p.m.

MICROSOFT BEGINNING ACCESS Apr 4-16. Call CR Workforce & Community Education for more information at (707) 476-4500. (V-0206)

MICROSOFT EXCELL INTERMEDIATE WORKSHOP: Expand your Excel skills with new tips and techniques. Wed., Feb. 26 - March 16. 6-8 pm in Eureka. Register at humboldt.edu/extended or call 707-826-3731. (V-0206)

MICROSOFT WORD: TIPS, TRICKS & SHORTCUTS Mar 10 - 24. Call CR Workforce & Community Education for more information at (707) 476-4500. (V-0206)

REAL ESTATE CORRESPONDENCE Become a Real Estate Agent. Start anytime! Call Workforce and Community Education for more information at (707) 476-4500. (V-0206)

SERVSAFE MANAGER CERTIFICATE Apr 7. Call CR Workforce & Community Education for more information at (707) 476-4500. (V-0206)

WILDLAND FIRE SCHOOL Mar 16 - 21. Call CR Workforce & Community Education for more information at (707) 476-4500. (V-0206)

WINES BY REGION: CIAO ITALIA! WORKSHOP SERIES: Explore Italy through wine tasting, tapas, & regional cheeses. Four one-day courses. Give your valentine the gift of an experience! www.humboldt.edu/wine or call 707-826-3731. (V-0206)

Wellness & Bodywork

BEGINNERS TAI-CHI MADE EZ Mondays 1-2:30 Spirals of Life McKinleyville. Glenda Hesseltine - Instructor 707-268-3936

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. 10-Month Herbal Studies Program. Feb - Nov 2020. Meets one weekend per month with three camping trips. Learn in-depth material medica, plant identification, flower essences, wild foods, formulations and harvesting. Herbal & Traditional Healing in Greece with Thea Parikos. May 22 - June 2, 2020. Discover the beauty, aromas, traditional and modern uses of many medicinal plants on this amazing journey of learning to the Aegean island of Ikaria. Beginning with Herbs. Sept 16 -Nov 4, 2020, 8 Wed. evenings. Learn medicine making, herbal first aid, and herbs for common imbalances. Register online www.dandelionherb.com or call (707) 442-8157. (W-0213)

2020 AYURVEDA PROGRAMS WITH TRACI WEBB "Ayurveda Life Mastery": Starts Feb. 5, Self-Healing + Health & Life Coach Training. Are you an overextended serial-giver, mom, yogi or multi-passionate wellness pro who feels unsupported & underpaid? Unable to bridge the gap between your current reality & what you sense is possible for your life, family & career? Let 2020 be Your Year! Reclaim your body, your abundance, your passion, your time, your heart & your home, all while building deep & lasting friendships, & upleveling your income & career! /// "Ayurveda Herbalist Training & Internship": Starts March 3. Dive deep into Ayurvedic Herbalism & Imbalance Management of All Bodily Systems. Experience Clinic & Client Management, Formulating, Medicine Making, Herb Harvest. *Both Programs Include: Caring Community + 1-on-1 Support, Monthly Clinics, assessment Skills (Pulse, Face, Tongue), Aromatic Product Making Immersion, Group Detox & Cooking Class, & Meet: 1 evening/week online + 1 weekend/month in Arcata or online. Ignite Transformation for Yourself & Others! Limited to 20, Early Registration Advised. Register: info@ayurvedicliving.com (W-0220)

YOUR CLASS HERE

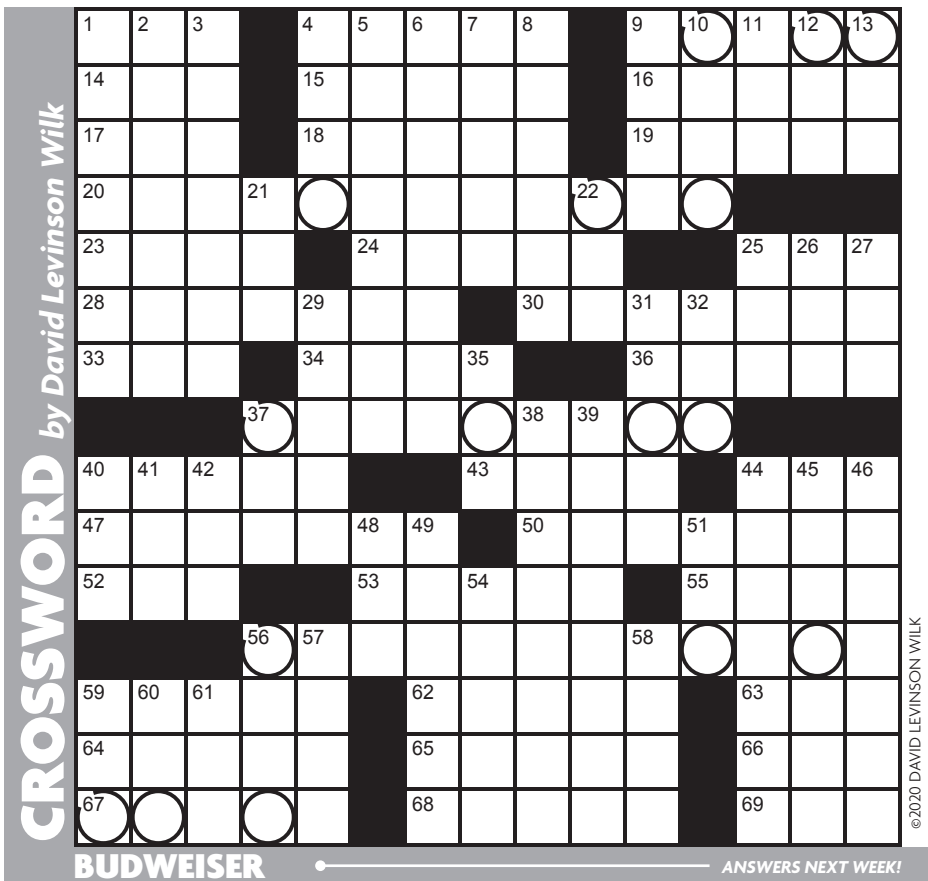


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- CROSSWORD** by David Levinson Wilk
- BUDWEISER** — ANSWERS NEXT WEEK!
- ACROSS**
- 1. Org. implicated in the Snowden leaks
 - 4. Shutterbug's setting
 - 9. Before it merged with Exxon, its tagline could have been "You can't spell [this answer] without [circled letters]"
 - 14. Take part in an auction
 - 15. Site of some Chicago touchdowns
 - 16. Chilling
 - 17. Lumberjack's tool
 - 18. Florida senator Marco
 - 19. Verbally
 - 20. Hasbro brand whose tagline could be "You can't spell [this answer] without [circled letters]"
 - 23. Inner tube?
 - 24. Blinking and sweating, in poker
 - 25. Assumed name lead-in
 - 28. Amounts to fry
 - 30. Entered gradually
 - 33. Spanish Mrs.
 - 34. Whole bunch
 - 36. Lakshmi of "Top Chef"
 - 37. Anheuser-Busch brand whose tagline could be "You can't spell [this answer] without [circled letters]"
 - 40. Gender-neutral possessive
 - 43. One poker chip, perhaps
 - 44. ___ mai (Asian dumplings)
 - 47. Like some diets
 - 50. Moves a little unsteadily
 - 52. Animal seen on every carton of Ben & Jerry's ice cream
 - 53. Duck with soft feathers
 - 55. Symbol gotten on a PC by typing CTRL + ALT + E
 - 56. Food brand whose tagline could be "You can't spell [this answer] without [circled letters]"
 - 59. Novelist Joyce Carol
 - 62. Outside the city
 - 63. Part of a tuba's sound
 - 64. Choreographer Twyla
 - 65. Stick out like ___ thumb
 - 66. Brian who composed "The Microsoft Sound," which, ironically, he wrote on a Mac
 - 67. Toyota model whose tagline could be "You can't spell [this answer] without [circled letters]"
 - 68. Choreographer Cunningham
 - 69. ___ Jones industrial average
 - 2. Like a U.S. senate term
 - 3. Legendary soprano ___ Patti
 - 4. Defense in a snowball fight
 - 5. Went back and forth
 - 6. Woodworking tool
 - 7. Bay window
 - 8. Folks
 - 9. Reaction to a bad pun
 - 10. The first "O" in YOLO
 - 11. A few lines on one's Twitter profile, say
 - 12. Post-OR destination
 - 13. Played the first card
 - 21. Like Beethoven's "Pastoral Symphony"
 - 22. Costa Rica's ___ Peninsula
 - 25. Tack (on)
 - 26. Most common Korean surname
 - 27. Santa ___ winds
 - 29. "Star Trek" officer who famously kissed Kirk in 1968
 - 31. ___ demon
 - 32. Listen here!
 - 35. Fried rice legume
 - 37. Wite-Out seller
 - 38. Common way to exit a haunted house
 - 39. Curve with rising action
 - 40. "No Scrubs" singers
 - 41. "Yoo-___!"
 - 42. "Barf!"
 - 44. Ate noisily, as soup
 - 45. Familia member
 - 46. Morale-boosting mil. event
 - 48. Kind of room or center
 - 49. Style of yoga in a heated room
 - 51. Org. in "Breaking Bad"
 - 54. Put out, as a fire
 - 56. Frau's mister
 - 57. Kid's game with a rhyming name
 - 58. Get out of Dodge
 - 59. Like Benadryl: Abbr.
 - 60. "I have an ideal!"
 - 61. Scot's headwear
- DOWN**
- 1. Standout hoopsters

LAST WEEK'S ANSWERS TO BLAH BLAH

A	P	B		P	A	B	S	T		K	O	O	K	Y	
L	O	U		E	L	I	H	U		I	C	H	A	T	
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su | do | ku © Puzzles by Pappocom HARD #12

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	5	3	1	8					
6	9		3	7					
		2				9			
			6	9		1	2		
			7	2	1	9			
	8		3						
				1				4	

www.sudoku.com

NCJ FIELD NOTES

A Question of Longitude

(Part 1 of 2)

By Barry Evans

fieldnotes@northcoastjournal.com

For 2,000 years, since the time of Greek geographer Claudius Ptolemy, we have defined our position on Earth by two numbers. Latitude tells you how far you are from the equator, measured in degrees, 0 to 90, north and south. Longitude is your angular distance from an imaginary "meridian" line drawn from pole to pole, running through the Royal Observatory, Greenwich, outside London, England. It's also measured in degrees: 180 degrees west of Greenwich and 180 east for the full 360 degrees. (Why 360? Blame the Babylonians.)

It's comparatively easy to reckon one's latitude. Earth's axis points to two imaginary "celestial poles" in the sky. North of the equator, the north celestial pole is close to the North Star. Measure the angle from your horizon to that virtual point in the sky and you've got your latitude. (It's zero at the equator, where the north celestial pole is on the horizon and 90 degrees at the north pole, where it's directly overhead.)

Longitude is a much trickier proposition. Consider a point on Earth where local noon (the sun at zenith) is exactly eight hours later than at Greenwich — Lake Tahoe fits the bill. Eight hours is one third of a full day, which converts to one third of the full 360 degrees, that is, Lake Tahoe is at longitude 120 degrees west. So if you know the time difference between your local noon and local noon at Greenwich, you've got your longitude. The challenge navigators have wrestled with for centuries can be simply stated: What time is it in Greenwich? Nowadays, GPS gives anyone with a receiver — or smartphone — that information. Formerly, radio signals, chronometers and the stars were used. I'll be focusing on the last one.

Radio. The U.S. Navy began broadcasting "Greenwich time" signals in 1905 and the rest of the world quickly followed. Earlier — 1872 — surveyor John Wesley Powell had used a telegraph line to confirm his longitude near the Grand Canyon using time signals received nearly instantly from Salt Lake City where Greenwich time was tracked.

Chronometers. Before radio, navigators would carry an accurate timekeeping de-



John Harrison's H4 marine chronometer or "sea watch."

Photo by Mike Peel via Creative Commons

vice set to Greenwich time. John Harrison's 1759 marine chronometer, dubbed "H4," solved the wickedly difficult problem of keeping accurate time on a rolling ship at sea. As anyone who drives a car or uses a washing machine knows, mechanical devices can fail, hence the navigators' adage, "Never go to sea with two chronometers, take one or three." If you have three and one shows a different time from the other two, ignore it; if you have two and they show different times, which one do you trust? Marine chronometers — HMS Beagle carried 22 — were hugely expensive, and impractical for land explorers such as Lewis and Clark. (Lewis had obtained an English chronometer in Philadelphia but it wasn't reliable when traveling over land for long periods, and he just used it as a watch to connect the time periods between astronomical sightings taken over a few days.)

Celestial navigation. As long ago as 150 B.C., Hipparchus of Nicea wrote that lunar eclipses (which happen at roughly the same time for all Earth-bound observers) could be used to establish longitude. Of the many "clocks" in the night sky, some of the most accurate are eclipses of Jupiter's four bright moons. Galileo, who discovered these moons in 1610, realized that an eclipse of one of them, say, Io, could be clocked simultaneously by observers at two places on Earth, thus giving their relative longitude. In 1668, Italian astronomer Giovanni Domenico Cassini printed the first tables of Galilean eclipses and, later, working in the Paris Observatory, he published the *Connaissance de Temps*, an almanac (strictly, an *ephemeris*) predicting the exact times of the every-other-day eclipses of Io as viewed from a meridian running through Paris. Carrying such an almanac in your pocket was like being in instant communication with a home-base observer.

Next time, we'll look at how early non-Native North American explorers used almanacs to determine their longitude.

Barry Evans (barryevans9@yahoo.com) encourages visitors to London to check out the Royal Observatory, Greenwich.

NOTICE OF PETITION TO ADMINISTER ESTATE OF CLAUDIA MARIE POWELL, AKA CLAUDIA M. POWELL CASE NO. PR2000024

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of CLAUDIA MARIE POWELL, AKA CLAUDIA M. POWELL
A PETITION FOR PROBATE has been filed by Petitioner KENNETH D. POWELL

In the Superior Court of California, County of Humboldt. The petition for probate requests that KENNETH D. POWELL be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on February 20, 2020 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 6. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate

Code section 1250. A Request for Special Notice form is available from the court clerk.
ATTORNEY FOR PETITIONER: Leon A. Karjola
732 FIFTH STREET, SUITE C
EUREKA, CA 95501
707-445-0804
Filed: January 24, 2020
SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

2/6, 2/13, 2/20 (20-051)

NOTICE OF PETITION TO ADMINISTER ESTATE OF JEAN MARIE TOBLER CASE NO. PR2000012

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of JEAN MARIE TOBLER
A PETITION FOR PROBATE has been filed by Petitioner DAVID ORCHARD
In the Superior Court of California, County of Humboldt. The petition for probate requests that DAVID ORCHARD be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on February 13, 2020 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 6. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are a person

interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
ATTORNEY FOR PETITIONER: Thomas B. Hjerpe
350 E Street, First Floor
Eureka, CA 95501
707-442-7262
Filed: January 16, 2020
SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

1/23, 1/30, 2/6 (20-037)

PUBLIC SALE

NOTICE IS HEREBY GIVEN that the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700-21716 of the Penal Code and provisions of the civil Code. The undersigned will sell at public sale by competitive bidding on the 15th of February 2020 at 10:00 am on the premises where said property has been stored and which are located at Four Star Mini Storage at 271 N. Fortuna Blvd., Fortuna, California County of Humboldt the following:

James McLain- Unit #15 Joel Denning - Unit #19 Theodore Sierra- Unit #24 Candice Morris- Unit #40 Jamie Jeffrey- Unit #60 Chris Echinger- Unit #61 Chris Echinger- Unit #65 Georgi Urdov- Unit #75

Items to be sold include but are not limited to: Antiques, Tools, Household furniture, sporting equipment, books, clothing and miscellaneous household items and boxes and bags of unknown contents. Purchases must be paid in cash at the time of the sale plus a \$100.00 deposit to be returned when the unit is cleaned out. All purchase items sold as is, where is and must be removed on the day of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party. Auctioneer: Four Star Mini Storage, 707-725-0702. Dated this 13th day of January, 2020.

1/30, 2/6 (20-039)

SUMMONS (Citation Judicial) CASE NUMBER: DR190374

NOTICE TO Defendant: Carroll R. Johnson and Amber Younger, Robin L. Renner, Kristen C. Prince, and High Sea, Inc., and Patrick Burns, Does 1 to 10

You are being sued by Plaintiff: Kip Ford and Jennifer Melo-Ramirez

Notice: You have been sued. The court may decide against you without you being heard unless you respond within 30 days. Read the information below. You have 30 calendar days after this Summons and legal papers are served on you to file a written response at this court and have a

copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for free waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center(www.courtinfo.ca.gov/self-help), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in civil case. The court's lien must be paid before the court will dismiss the case. The name and address of the court is: Humboldt County Superior Court 825 Fifth Street Eureka, CA 95501 The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: Carlton D. Floyd (SBN 275958) Floyd Law Firm 819 Seventh Street Eureka, CA 95501 (707) 445-9754 Date: December 5, 2019 clerk, by Kim M. Bartleson/David V.

1/30, 2/6, 2/13, 2/20 (20-045)

SUMMONS (Citation Judicial) CASE NUMBER: DR190777

NOTICE TO Defendants: Estate of Bertina A. Kiskila, deceased, the testate and intestate successors of Bertina A. Kiskila, Nicholas N. Nelson, Jr., deceased, the testate and intestate successors of Nicholas N. Nelson, Jr., Donald E. Nelson, deceased, the testate and intestate successors of Donald E. Nelson, Lois R. Toroni, deceased, the testate and intestate successors of Lois R. Toroni and all persons unknown claiming any legal or equitable right, title, estate lien or interest in the property described in the complaint adverse to plaintiff's title or any cloud on plaintiff's title thereto and Does 1 to 10, Inclusive.

You are being sued by Plaintiff: Eric P. Nelson

Notice: You have been sued. The court may decide against you without you being heard unless you respond within 30 days. Read the information below. You have 30 calendar days after this Summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for free waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center(www.courtinfo.ca.gov/self-help), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in civil case. The court's lien must be paid before the court will dismiss the case. The name and address of the court is: Humboldt County Superior Court 825 Fifth Street Eureka, CA 95501 The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: Neal G. Latt 294409 Mathews, Kluck, Walsh, Wykle & Latt, LLP 100 M Street Eureka, CA 95501 (707) 442-3758 Date: September 13, 2019 clerk, by Kim M. Bartleson/Angel P.

1/16, 1/23, 1/30, 2/6 (19-317)

FICTITIOUS BUSINESS NAME STATEMENT 20-00010

The following person is doing Business as **KERNEN CONSTRUCTION**

Humboldt
2350 Glendale Drive
McKinleyville, CA 95519
PO Box 1340
Blue Lake, CA 95525

Kurt E Kernen
801 Liscom Hill Rd
McKinleyville, CA 95519
Norman S Farley
540 4th Street
Blue Lake, CA 95525

The business is conducted by a General Partnership. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Kurt Kernen, Partner This January 6, 2020 KELLY E. SANDERS by kt, Humboldt County Clerk

01/16, 01/23, 01/30, 02/06 (20-029)

FICTITIOUS BUSINESS NAME STATEMENT 20-00014

The following person is doing Business as **MOUNTAIN MIKES PIZZA**

Humboldt
3144 Broadway Street, Suite C3, C4, C5
Eureka, CA 95501
537 Fourth St #A
Santa Rosa, CA 95401

Chandi Family Inc.
CA 3048567
537 Fourth St #A
Santa Rosa, CA 95401

The business is conducted by a Corporation. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Jatinder Singh, CFO This January 1, 2020 KELLY E. SANDERS by tn, Humboldt County Clerk

01/16, 01/23, 01/30, 02/06 (20-028)

FICTITIOUS BUSINESS NAME STATEMENT 20-00018

The following person is doing Business as **NORTH COAST CARPET PROS**

Humboldt
234 Orchard Ln
Fortuna, CA 95540
PO Box 271
Fortuna, CA 95540

Morgan L Ferguson
234 Orchard Ln
Fortuna, CA 95540



We Print Obituaries

Submit information via email to classified@northcoastjournal.com, or by mail or in person.

Please submit photos in JPG or PDF format, or original photos can be scanned at our office.

The *North Coast Journal* prints each Thursday, 52 times a year. Deadline for obituary information is at 5 p.m. on the Sunday prior to publication date.

NCJ

NORTH COAST JOURNAL OF POLITICS, PEOPLE & ART

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EUREKA, CA 95501
(707) 442-1400
FAX (707) 442-1401

LEGALS?
442-1400 x314

**FICTITIOUS BUSINESS NAME
STATEMENT 20-00070**

The following person is doing Business as
SEQUOIA HANDYMAN SERVICE

Humboldt
3845 G Street
Eureka, CA 95503

Aaron P Gustaveson
3845 G St
Eureka, CA 95503

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Aaron Gustaveson, Owner
This January 15, 2020
KELLY E. SANDERS
by kt, Humboldt County Clerk

2/6, 2/13, 2/20, 2/27 (20-047)

**FICTITIOUS BUSINESS NAME
STATEMENT 20-00082**

The following person is doing Business as
MAGNETICALLY CORRECT

Humboldt
1055 Main St #4
Fortuna, CA 95540

Stacey D Bigley
1041 Main St
Fortuna, CA 95540

The business is conducted by an Individual.
The date registrant commenced to transact business under the ficti-

tious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Stacey Bigley, Owner
This February 3, 2020
KELLY E. SANDERS
by kt, Humboldt County Clerk

2/6, 2/13, 2/20, 2/27 (20-049)

**FICTITIOUS BUSINESS NAME
STATEMENT 20-00083**

The following person is doing Business as
BARKY DOGZ BATH HOUSE

Humboldt
1041 Main St
Fortuna, CA 95540

Stacey D Bigley
1041 Main St
Fortuna, CA 95540

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Stacey Bigley, Owner
This February 3, 2020
KELLY E. SANDERS
by kt, Humboldt County Clerk

2/6, 2/13, 2/20, 2/27 (20-050)

**STATEMENT OF
ABANDONMENT OF USE OF
FICTITIOUS BUSINESS NAME
FILE NO. R-1500728**

The following person have abandoned the use of the fictitious business name NORTH COAST CARPET PROS
Humboldt
2204 Smith Ln
Fortuna, CA 95540
PO Box 412
Loleta, CA 95551
The fictitious business name was filed in HUMBOLDT County on December 28, 2015
Kyle Ross

2204 Smith Ln
Fortuna, CA 95540
This business was conducted by: An Individual
/s/ Kyle Ross, Owner
This state was filed with the HUMBOLDT County Clerk on the date January 1, 2020
I hereby certify that this copy is true and correct copy of the original statement on file in my office
Kelly E. Sanders
s/ sc, Deputy Clerk
Humboldt County Clerk

1/16, 1/23, 1/30, 2/6 (20-032)

**FOUND: Generator found
on 11/04/2019 in the
vicinity of Rohnerville Rd,
Fortuna, CA.**

Pursuant to Sec 2080.3 of the Civil Code, the property, having been stored for over 90 days, has not been claimed and is hereby advertised as found. If not claimed within 7 days of this published notice, title to said property will vest in the finder after payment of publication costs. Owner may produce proof of ownership and claim this property at the Humboldt County Sheriff's Office, 826 Fourth Street, Eureka, Monday through Friday 8:00AM - 4:00PM. (20-052)

Opportunities

**AMERICAN STAR
PRIVATE SECURITY**

Is now hiring. Clean record.
Drivers license required.
Must own vehicle. Apply at
922 E Street, Suite A, Eureka
(707) 476-9262.



NOW HIRING!

Are you passionate about making a difference in your community? Are you tired of mundane cubicle jobs and want to join a friendly, devoted community with limitless potential?

**Join the Humboldt County
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Many diverse positions to choose from with great benefits, retirement packages, and solid pay. Learn more and apply today at hcoe.org/employment

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Wage dependent on qualifications
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www.changingtidesfs.org

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OUR MISSION
Changing Tides Family Services increases the health and success of children, youth, families, and individuals

open door
Community Health Centers

NOW SEEKING:

Site Administrator

Open Door Community Health Centers (ODCHC) provides high quality primary health care through a network of health center sites. The smooth operation, staffing and overall management of the health center is an essential function of creating a quality experience for our diverse range of patients.

Site Administrators are responsible for the staffing, facilities, equipment and internal systems necessary to provide maximum patient access to quality, cost-effective health services.

A BA in health care or related field (MA preferred) and five years of progressively responsible duties in healthcare required; experience in community health centers preferred.

Position available at Humboldt
Open Door Clinic in Arcata

Please visit our website for full description and application
opendoorhealth.com

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VICTIM SERVICES COORDINATOR

POSITION SUMMARY:

Under the general supervision of the Social Services Manager, the Victim Services Coordinator will be responsible for the general operation and implementation of Victim Services Programs, including the Indian Child Welfare Act, tribal member advocacy, program planning and outreach, counseling and other agency referrals, and tribal family services. Coordinator will also assist the Manager in planning, developing and implementing new programs determined necessary by the Tribal Council to meet the needs of Trinidad Rancheria Tribal Members.

Coordinator will also provide access to support services such as: voluntary and/or court-ordered family preservation; treatment and wellness plans; homelessness prevention; reunification and short-term family maintenance to ensure child safety in the home and strengthen the family; relevant services for children/youth for whom a safe return home is not possible; prepare court reports and appear on behalf of the Tribe in Tribal Court.

QUALIFICATIONS:

Demonstrated ability to work effectively with Native American people in culturally diverse environments.

Ability to manage time well and work under stressful conditions with an even temperament.

Ability to plan, organize and implement outreach programs that optimize participation, including those activities that involve volunteers.

Displays the ability to establish and maintain harmonious working relationships with other employees and the public.

Must have strong written and communication skills.

Proficiency with computers and Microsoft Office or similar programs.

EDUCATION AND EXPERIENCE:

Must possess a BA/BS Degree in Social Work or related field (MSW preferred).

Must have two years social work experience in public, Tribal, or private services agency.

Must have a valid California Driver's License and be insurable through the Tribe's insurance plan.

Must have familiarity with Child Welfare Practices.

Must adhere to confidentiality and HIPAA policies.

Must complete background check, submit to fingerprints, consent to criminal history record check, and submit a separate application for suitability.

Required to report any violation of a criminal statute within one working day of the charge or conviction to immediate supervisor.

Native American preference.

open door Community Health Centers

NOW SEEKING:

Licensed Acupuncturist (Lac) Integrative Wellness Provider

Open Door Community Health Centers (ODCHC) provides high quality primary health care through a network of health center sites. The Lac is part of an innovative, whole person, comprehensive and Integrative Team.

This position will work within a multidisciplinary team (MDT) approach, made up of a variety of providers such as a Medical Provider (FNP/ NP, PA, DO or MD), Chiropractor, Massage Therapist, Physical Therapist, Behavioral Health Provider, RN and support staff.

The Lac will work side by side with our Primary Care Providers in a collaborative approach to serve patients who struggle with complex conditions, varying diagnoses, chronic and acute pain, behavioral/mood disorders, muscular-skeletal problems, and other health challenges, including a variety of opioid dependent/addiction related issues.

The team approach is an innovative way of addressing the whole person while working in an integrative fashion with the MDT. This has shown to support this approach by combining and considering Allopathic Western Medicine along with Eastern Medicine modalities.

The ideal candidate will have a passion for whole person care, knowledge and experience in herbal medicine and who may find their unique set of skills to support individual and group acupuncture by doing distal needling and other styles of acupuncture conducive to group and individual acupuncture care.

Position available at Telehealth and Visiting Specialist Center, Eureka.

Please visit our website for full description and application

opendoorhealth.com

CAREGIVERS NEEDED NOW! Work from the comfort of your home. We are seeking caring people with a bedroom to spare to help support adults with special needs. Receive ongoing training and support and a monthly stipend of \$1200-\$4000+ a month. Call Sharon for more information at 707-442-4500 ext 16 or visit www.mentorswanted.com to learn more.



SoHum Health is HIRING

Interested applicants are encouraged to visit and apply online at www.SHCHD.org or in person at 733 Cedar Street, Garberville (707) 923-3921

CURRENT JOB OPENINGS

NURSE MANAGER -- EMERGENCY DEPT/ACUTE

Full Time Position. Critical Access ER/Acute Department Nursing Manager; 4-bed Emergency room & 9-bed Acute care unit, seeking a Nurse Manager to provide leadership, administrative responsibility and oversight of the ER and Acute care departments. Current California RN license required. BSN, PALS, & ACLS required. Minimum 2 years ER experience required. Minimum 1 year Management Experience strongly preferred.

CASE MANAGER

Full Time position. 8 or 10 hour shifts. Provide assessment, planning, and coordination of options and services to meet a patient's medical care needs. Assist in patient care by providing clinical information to payers, monitor length of stay, seek necessary care authorizations, and appeal medical decisions. Current RN or CSW license required. Minimum 3 years case management, or related field, experience preferred.

LICENSED VOCATIONAL NURSE -- CLINIC & HOME VISITS

Full Time position, 8 or 10 hr. shifts, 4 or 5 days a week, Monday - Friday. Current California LVN license and BLS certification required. Work 8 or 10 -hour shifts in our outpatient Rural Health Clinic and at patient homes.

PATIENT FINANCIAL SERVICES -- REGISTRATION CLERK

Serves as a customer service representative to patients, their families, the public and the Medical Staff. Must be able to communicate clearly. Effective computer and software skills, a knowledge and experience with a wide array of various software systems and applications. Ability to maintain confidentiality with regard to patient information and other sensitive issues. Ability to perform basic math functions and be able to balance a cash box. Ability to follow direction. Willing to train the right person. High school diploma or equivalent required. One year secretarial or general office experience preferred. Must be available to work weekends.

ER/ACUTE CARE REGISTERED NURSE

Full-Time, 12-hour shift, 3 days/week. Current California RN License, BLS, ACLS, & PALS certification required. Work 12-hour shifts in our critical access acute care & emergency room.

New hires qualify for benefits as soon as they begin employment!

SHCHD minimum wage start at \$15.50 per hour featuring an exceptional benefits package, including an employee discount program for services offered at SHCHD.

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HUMBOLDT AREA FOUNDATION

Humboldt Area Foundation is now accepting applications for a

Director of Human Resources, Inclusion & People Development

This is an exempt, full time position based in Bayside, CA. Compensation is \$64k-\$80k, plus health benefits, retirement benefits, and paid holiday and sick time. This position includes some evening/weekend work hours.

The Director of Human Resources (HR), Inclusion and People Development is responsible for developing and executing HR functions in support of HAF's mission, provides strategic leadership by articulating and co-creating HR needs and plans, and oversees working collaboratively with a team of approximately 35 people in two offices in Bayside and Crescent City, CA. An absolute commitment to confidentiality, honesty, integrity, equity and inclusion is required in this role. The position will design, implement and manage HR, Diversity, Equity and Inclusion (DEI) efforts, and people development processes and systems that enable the foundation to hire, develop and retain qualified and purpose-driven staff members to achieve the organization's greatest impact. They will assess organizational needs and drive comprehensive solutions in areas such as DEI, performance management, organizational culture and staff development, and manage day to day operations including recruitment, hiring, onboarding, benefits, compensation, compliance, and HR policies and practices. This individual will be an integral part of building and maintaining an organizational culture that fosters high performance, growth, collaboration, and support, and incorporates goals of DEI into all aspects of the foundation.

Minimum qualifications for this position include but are not limited to a bachelor's degree in Human Resource Management, Business, Public Administration, Organizational Psychology, Social Work/Services, Behavioral Science or a related field; demonstrated success at creating and implementing strategies and achieving results across multiple human resource, people development, and organizational performance disciplines; hands on and robust experience in the areas of employee relations, conflict resolution, hiring and recruitment, and benefits and compensation; demonstrated success in helping progress diversity, equity and inclusion as an organizational value and incorporating into organizational culture; five (5) years of experience working in human resources management and development for an organization with at least 25 employees.

Please visit our website for application procedures and the complete job announcement, including all desired qualifications at www.hafoundation.org/jobs. For more information, contact

Keytra Meyer at keytram@hafoundation.org or (707) 442-2993. Please submit your resume and cover letter to admin@hafoundation.org

This position is open until filled



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AND DESCRIPTIONS

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*"Healthy mind, body and spirit for generations
of our American Indian Community."*

New opportunities at United Indian Health Services!

Help us continue toward our vision- A healthy mind, body, and spirit for generations of our American Indian Community.

One way we work toward this goal is by being an integrated health organization. Our divisions include: Medical, Dental, Behavioral Health, Vision and Community Health and Wellness.

We strive to bring members of the community together so they can not only be unified in ensuring the best care is provided to their families, but also help in preserving Native culture through education, community outreach, and medicine.

UIHS offers an excellent work life balance. Our clinic is open Monday through Friday, from 8 am-5 pm. Fulltime employees enjoy 3 weeks of paid time off per year, as well as 11 paid Holidays. Other benefits include: comprehensive health care plans for individuals and families, 4% matched retirement plans, and loan repayment programs.

**Current employment
opportunities include:**

Registered Dental Assistant(FT)

Medical Assistant

LVN/ RN - Crescent City

Public Health Nurse - Del Norte County

Our job application and all of our open opportunities with full job descriptions are on our website unitedindianhealthservices.org/jobs. Email application, cover letter and resume to UIHS-Recruitng@carih.org

*Serving the Native American Community since
1970. In accordance with 42 CFR 136.42
American Indian Preference shall be given.*



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Showroom Manager • HR Director
Project Coordinator • Receptionist
Network Cable Inst.
Certified Medical Asst.
Investment Administrator
Warehouse Laborers



Northcoast Children's Services

ASSOCIATE TEACHER, Redway

Assist teacher in implementing & supervising activities for preschool children. Req. a min. of 12 ECE units—incl. core classes—and 1 yr. exp. working w/ children. F/T 32 hrs/week

(M-Fri) \$14.00-\$14.70/hr. **Open Until Filled.**

ASSISTANT TEACHER, Fortuna

Assist in class, at parent meetings & on home visits for children & families. Must have 6 months exp. working w/ children. Prefer 6-12 units in ECE. P/T 25 hrs/wk \$13.00-\$14.33/hr.

Open Until Filled.

TEACHER, McKinleyville

Responsible for the development & implementation of classroom activities for preschool children. Meet Associate Teacher level on Child Development Permit Matrix (3 units in admin preferred) & 1 yr. exp. teaching in a preschool setting. F/T 40 hrs/wk \$14.49-\$15.97/hr. **Open Until Filled.**

SUBSTITUTES, Humboldt & Del Norte County

Intermittent (on-call) work filling in for Classroom Assistant, Assistant Teachers, Cooks/Assistant Cooks or occasional childcare for parent meetings. Req. exp. working w/ children or cooking. \$13.00/hr. No benefits. Submit Schedule of Availability form w/app.

Submit applications to:

Northcoast Children's Services

1266 9th Street, Arcata, CA 95521

For addtl info & application
please call 707- 822-7206

or visit our website at
www.ncsheadstart.org



MINDFULNESS REMINDER – TAKE THE MOMENT FOR SLOW, DELIBERATE BREATHS TO SLOW DOWN AND FOCUS YOURSELF BEFORE TACKLING A CHALLENGE. Come join our team as an On-Call case manager, recovery coach, nurse, cook, or housekeeper. AM/PM/NOC shifts. Incredible opportunities to get psych training and experience, as well as get your foot into our 20 facility California wide organization. FT&PT (& benefits) available with experience. Apply at: 2370 Buhne Street, Eureka 707-442-5721



Tri-County Independent Living (TCIL) is a community-based, non-residential, non-profit, multicultural organization.

Are you looking for meaningful, fulfilling work with benefits? We have it!

Youth Coordinator - Full-time

Outgoing, highly organized, self-starting "people person" sought to initiate and operate programs for outreach, volunteers and youth with disabilities and provide direct services to youth. Compensation: \$15–\$18/hr. DOE.

Community Advocate Part or Full-Time

Be the voice for people with disabilities in our community, advocating for and educating about disability rights and pressing for systems change where and when needed. Compensation: \$15–\$18/hr. DOE.

Excellent medical, dental, sick leave, vacation and holiday (11 + 1 floating) benefits.

For information on how to apply, application and position descriptions go to

www.tilinet.org

OPEN UNTIL FILLED

People with Disabilities strongly encouraged to apply.

Alternative format will be provided upon request. EOE.



K'ima:w Medical Center

an entity of the Hoopa Valley Tribe, is seeking applicants for the following positions:

DIABETES PROGRAM MANAGER/DIABETES EDUCATOR

DEADLINE TO APPLY IS EXT. TO 5 PM, FEB. 14, 2020.

MEDICAL ASSISTANT

DEADLINE TO APPLY IS EXT. TO 5 PM, FEB. 14, 2020.

PHARMACIST

DEADLINE TO APPLY IS EXT. TO 5 PM, FEB. 27, 2020.

PARAMEDIC

DEADLINE TO APPLY IS 5 PM, FEB. 28, 2020.

MENTAL HEALTH CLINICIAN, LCSW OR LMFT

DEADLINE TO APPLY IS 5 PM, FEB. 14, 2020.

CERTIFIED ALCOHOL AND DRUG COUNSELOR PHYSICIAN

ALL POSITIONS ARE OPEN UNTIL FILLED, UNLESS OTHERWISE SPECIFIED

For an application, job description, and additional information, contact: K'ima:w Medical Center, Human Resources, PO Box 1288, Hoopa, CA, 95546 or call 530-625-4261, ext. 211 or 226, or email: hr.kmc@kimaw.org for a job description and application. You can also check our website listings for details at kimaw.org. Resume and CV are not accepted without a signed application.



Soils Production Laborer

FoxFarm Soil & Fertilizer Company is currently seeking dedicated, hardworking and reliable individuals to join our team as Soils Production Laborer and help us grow! Day and night shifts are available for this full time entry level position.

Main Duties & Responsibilities:

The Soils Production Laborer is responsible for performing the tasks involved in the production of finished soil products such as bagging product, sealing bags, palletizing finished goods, assembling boxes, restocking supplies, and general housekeeping. Fast paced position requires continuous standing/walking and repetitive lifting of up to 70 pounds.

Working with FoxFarm you can expect a fantastic company culture, exceptional professionalism and excellence every day, common courtesy and mutual respect, pride of craftsmanship, quality of life, and to work with a great team of people!

How to Apply:

To apply please complete an Application for Employment in person at 1900 Bendixsen Street, Samoa, CA at the North Gate entrance to the Fairhaven Business Park, or visit www.foxfarmfertilizer.com for an Application for Employment. Drug screen required. EOE. Pay Rate: \$15.04/hour

Miscellaneous

A PLACE FOR MOM has helped over a million families find senior living. Our trusted, local advisors help find solutions to your unique needs at no cost to you. 1-855-993-2495 (AAN CAN)

AUTO INSURANCE STARTING AT \$49/ MONTH! Call for your fee rate comparison to see how much you can save! Call: 855-569-1909. (AAN CAN)

BECOME A PUBLISHED AUTHOR! We edit, print and distribute your work internationally. We do the work... You reap the Rewards! Call for a FREE Author's Submission Kit: 844-511-1836. (AAN CAN)

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Millwright Position

Micro-brewery of premium plant nutrients and soil mixes seeking a highly experienced, hardworking and reliable individual to join our Maintenance department and fill the role of Millwright to help us continue to deliver the best possible product and support to our customers and help us grow! Full time position includes benefits.

The Millwright is responsible for assembling, disassembling, maintaining, fabricating and repairing machinery and other equipment.

Millwright Essential Functions:

- Consult with management to help determine the best layout for machines, equipment, or other elements.
- Transport machines, equipment, or other elements to desired location.
- Assemble machines, equipment, or other elements from their component parts, ensuring detailed directions and specifications are adhered to.
- Complete routine and preventive maintenance for all machines, equipment, and other elements.
- Troubleshoot and diagnose problems with machines, equipment, or other elements.
- Assist in minor and major repairs of machines, equipment, or other elements.
- Disassemble machines, equipment, or other elements to their component parts.
- Carefully organize and catalog component parts.
- Transport machines, equipment, or other elements after disassembly.
- Fabricate, treat, or repair surfaces, parts or other elements as needed.

To Apply:

To apply please reply to this ad or bring your resume and complete an Application for Employment in person at 1900 Bendixsen Street, Samoa, CA at the North Gate entrance to the Fairhaven Business Park. Pre-employment drug screen required.

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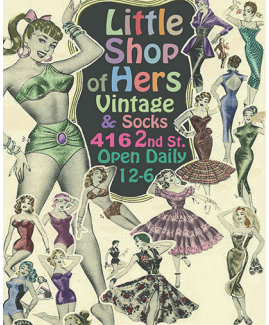


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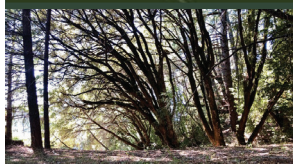
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BENBOW – LAND/PROPERTY - \$179,000

±3.5 Acres 5 minutes from Benbow and 10 minutes from Garberville! PG&E & water to the property.

ELK PRAIRIE VINEYARD - \$1,350,000

Established ±15 acre vineyard w/ 3 homes, winery, cellar, tasting room, mature grapes & olive trees.



NEW LISTING!

WILLOW CREEK – HOME ON ACREAGE - \$415,000

±20 Acres with a 1 bed, 1 bath, 1200 sqft home, garage, PG&E, flats, fishing pond, and so much more! Don't miss your chance to see this beautiful versatile property!

WEITCHPEC – LAND/PROPERTY - \$360,000

±200 Acres w/ water, flats, good roads, cabin, shop. 250,000 BF merchantable timber.



REDUCED PRICE!



SALMON CREEK – HOME ON ACREAGE - \$749,000

±120 acres w/ three cabins nestled in the hills of Salmon Creek w/orchards, water sources, solar, and much more!

3561 IOWA STREET, EUREKA - \$255,000

Fully fenced corner lot in Eureka with 4 bedrooms, 1.5 bathrooms, carport, a detached garage, and alley access!



BERRY SUMMIT – LAND/PROPERTY - \$199,000

±40 Acre parcel w/ new roads, 4 flats, 10,000 gallons of water storage, well access, privacy, and beautiful views.

BIG LAGOON – LAND/PROPERTY - \$375,000

±55 Acres featuring great roads, Redwoods, and views of Stone & Big Lagoons. Permits in place for water/septic/solar awaiting your development!



CUTTEN – LAND/PROPERTY - \$495,000

±9.25 Acres in Cutten/Ridgewood area! Property has redwoods, open meadows, a skid road, and the potential to subdivide.



NEW LISTING!

410 OLD BRICELAND RD, GARBERVILLE - \$629,000

Gorgeous 3/2, 3000 sqft home on just over an acre in Garberville! This fully fenced property features garden area, swimming pool, large shop, and so much more!

WILLOW CREEK – MULTI UNIT – \$355,000

Trinity River views, easy access & development potential. Agricultural zoning w/ Rural Residential improvements.



REDUCED PRICE!



SWAINS FLAT – HOME ON ACREAGE - \$150,000

River frontage property w/ a cozy 1/1 home complete dual pane windows, views, and a ¾ wrap around deck!

WILLOW CREEK – LAND/PROPERTY - \$385,000

±160 Remote acres featuring meadows, building sites, developed well, and Grass Creek frontage!



HORSE MOUNTAIN – LAND/PROPERTY - \$2,500,000

8 Remote patent parcels totaling ±1,279 ac off USFS 1 appx 18 miles from Berry Summit. Owner will carry.

FORTUNA – LAND/PROPERTY - \$1,300,000

±24 Acres overlooking the Eel River with development/ subdivision potential! Property has public utility access and owner may carry.



EUREKA – LAND/PROPERTY - \$135,000

2 Eureka lots totaling ±.14 acres. With permits paid for 2 commercial buildings and city services, these parcels are ready to go!

PHILLIPSVILLE – LAND/PROPERTY - \$120,000

±5 Acres in gated community w/ 2 small building sites, year-round creek, small spring. OMC!

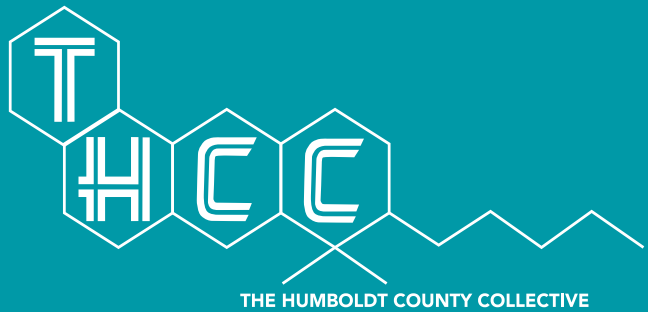


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BLOCKSBURG – HOME ON ACREAGE - \$265,000

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